

PennDel Championship – Washington Division

MEET ANNOUNCEMENT

About the Championship

Date: January 31 & February 1, 2026

Location: Reading Area YMCA

Entry Deadline: January 18, 2026

Hosted by: Reading YMCA

Meet Director: Lori Rudolph

Web Site: <https://www.gomotionapp.com/team/ymca-5907/page/home>

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ABOUT THE CHAMPIONSHIP

This meet is a closed, inter-association championship YMCA meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. The meet is approved by the USA-S Middle Atlantic Swimming.

USA-S/MA Approval number MA Pending Approval

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

ADJUSTMENTS TO THE MEET ANNOUNCEMENT: The Championship Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Meet and USA-S Approved meet can be changed.

MEET TIMELINE: Warm-up and start times for all sessions are subject to change depending on the size of the meet

	Session 1	Session 2	Session 3	** <i>Session 4</i>
Age Groups	8 & U & 9-10G	9-10B &11-12	13-14	<i>15-21</i>
Warm-up Start	7:00	12:30	7:00	<i>12:30</i>
Coaches Meeting	7:15	12:45	7:15	<i>12:45</i>
Officials Meeting	7:30	1:00	7:30	<i>1:00</i>
Timers Meeting	7:45	1:15	7:45	<i>1:15</i>
Start of Session	8:15	1:45	8:15	<i>1:45</i>

INCLEMENT WEATHER/CANCELATION: In the event of inclement weather that results in the cancellation of the championship, the championship will be rescheduled for February 7th & 8th.



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LOCATION AND FACILITY

Location: **Reading YMCA**

631 Washington Street

Reading, PA 19603

Emergency Phone Number: 610-378-4700

The Reading YMCA is configured as a 8 lane, SCY course. Water depth at start is 12 (minimum 5 feet required) and at turn-end is 3.5 feet.

Electronic timing system will be used.

Seating for spectators will be in an observation room and on the bleachers on deck. Parents can also bring chairs to sit in the gym between events.

Seating for swimmers will be in two large gyms located within close proximity to the pool.

WEB SITE

Meet Information can be found at: <http://www.penndelswim.org>

Online Meet Results: No heat sheets will be sold

Meet Mobile will be available

Meet will be live streamed at: <https://www.youtube.com/@readingymcaswimming6851>

CONTACT INFORMATION

Meet Director: Lori Rudolph email: lbrudolph5@gmail.com

Entry Chairperson: Carl Sandoe email: carl.sandoe@gmail.com

Referee: Josh Tice email: joshua.g.tice@gmail.com

Administrative Official: Heidi Krenitsky & Tanya Huntsinger
email: thkrenitsky@gmail.com & tmhuntsinger@gmail.com



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ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet.

Swimmers who wish to change their membership from one YMCA to another may do so through Transfer by Consent. An athlete may transfer from one YMCA team to another YMCA team and be eligible to compete for his/her new YMCA team immediately upon the written consent of the YMCA that he/she previously represented.

For further detail, reference: SWIMMING ADDENDUM TO THE RULES THAT GOVERN YMCA COMPETITIVE SPORTS

Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Unattached Athletes: There is no unattached status in YMCA Swimming.

Age: An athlete must not be older than twenty-one (21) years of age on the first day of the Meet.

PennDel Meet Participation: In order to be eligible to compete, each athlete must be currently listed on a roster of a Penn-Del League member in the Division being contested, and absent an express waiver by the Penn-Del League Board, must have competed as an official or exhibition swimmer in at least one (1) Penn-Del League dual meet in the current season.

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must enter a comment on the entry to alert the Entry Chairperson. The coach must also alert the meet director and the meet referee prior to the competition as to the need for any special accommodations.



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COACH

Teams without A Coach at the Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

TEAM

Teams: All teams participating must be members in good standing of the Penn-Del Swim League and assigned to the Division being contested. Teams/Associations with outstanding debts will not be allowed to compete until all debts to the League are paid.

Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

ENTRY INFORMATION

ENTRY LIMITS: Swimmer may swim up to four (4) events, of which no more than three (3) may be individual events. Deck entries are not permitted.

Teams will be allowed to enter an unlimited number of relays in the relay events. Relay teams must each have a different letter designator assigned by the entering Team.

Swimmers will compete in age groups based on their age as of December 1, 2025 as rostered for the dual meet season. Swimmers must compete in their own age group, except for the Open 500 Freestyle and the Open Age Group Relays.

QUALIFICATION PERIOD: The qualification period is September 1, 2025 through the entry deadline.

USA-S IDs: Only USA-S registered athletes should have an ID number in the Meet Entry File. For TeamUnify users, the Meet Director will need to delete the IDs. Please provide the Meet Director a list of swimmers not USA-S registered.

TIME STANDARDS: There are no Time Standards for this championship.



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TIMES: No Times (NT) are allowed if the swimmer does not have an official time for the event. Submit entry times in actual time. Entered times must be the swimmer's BEST time achieved during the qualifying period.

ENTRY FEES: Swimmer surcharge: \$7.00. Swimmer individual event: \$7.00; Relay Event: \$21.00. There are no fees for coaches attending with their team.

ENTRY DEADLINE: 1:00 PM January 18, 2026

ENTRY PROCEDURE: Entries must be submitted through Swim Cloud Online Meet Entry system. Entries are to be submitted in a Hy-Tek or TeamUnify meet entry format. **Initial entries are due Sunday two weeks prior to the start date of the meet. Updates** will be permitted up to the **Wednesday prior to the start of the meet.** Confirmation of entries will only be provided via Swim Cloud report generated when entries are submitted to the Online Meet Entry System.

All questions regarding entries should be directed to the entries chair person.

PAYMENT: Entry fees are due at or prior to the date of the Championship. Check should be made payable to "RY PAC" and mailed to:

**Reading & Berks YMCA
Attn: Ron Strieb
303 Herrington Drive
Sinking Spring, PA 19608**

VOLUNTEERS/OFFICIALS/TIMERS

OFFICIALS AND TIMERS: Each team in the division must provide, at the least, three (4) timers and one (1) certified official for each session of the championship meet. Additional volunteers are welcome and encouraged. **Meet Volunteers are encouraged to sign up prior to the entry deadline.**

SIGN-UP PROCEDURE: Online sign-up at:

<https://www.signupgenius.com/go/10C0F49ACAB29AAFDCE9-61330545-league>

ATTIRE: Officials should wear white Oxford or polo shirt and navy long pants, shorts, skorts, skirts, or capris and display their current certification patch.

CHECK-IN PROCEDURE

COACHES MEETING/SCRATCH MEETING: There will be a coaches and Scratch meeting at the beginning of each session. Specific meeting times will be posted



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on the PennDel web site at <http://www.penndelswim.org>. At least one coach from each team must attend this meeting.

OFFICIALS AND TIMERS MEETING: There will be an officials Meeting followed by a volunteer timers meeting prior to each session. Specific meeting times will be posted on the PennDel web site at <http://www.penndelswim.org>

CHAMPIONSHIP PROCEDURES AND OPERATIONS

CHAMPIONSHIP COMMITTEE: The Committee will consist of the Meet Director, PennDel Meet Referee, PennDel Administrative Referee. The Championship Committee will have the final authority on all procedural matters at the Championship.

RULES: The meet will run under YMCA Rules that Govern Competitive Sports, Swimming Addendum to the YMCA Rules that Govern Competitive Sports, PennDel League Rules (SECTION 3 - CHAMPIONSHIPS AND CHAMPIONSHIP ADMINISTRATION). and USA-S Technical Rules.

MEET FORMAT: The meet will be swum using a Timed Finals format. Swimmer's age will be determined as of December 1, 2025.

EVENT SEEDING: All Events will be seeded slowest to fastest prior to the day of the meet. The Meet Referee/Administrative Official reserve the right to combine heats and events at the completion of the scratch meeting.

SCRATCH PROCEDURES: An athlete can only be scratched from the meet at the coach/scratch meeting. After the coach/scratch meeting, an athlete is considered entered into the event.

DECLARED FALSE START: An athlete may withdraw from a heat by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

NO SHOW: An athlete who is seeded in an event and fails to compete (i.e., a "no show") will be allowed to swim in further individual or relay events with no penalty. A no-show will be counted in the maximum number of events allowed for each athlete.



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WARM-UP SAFETY PROCEDURES: Teams will be assigned lanes for warm-ups. The warm-up assignments and schedule will be available on the PennDel Web site at <http://www.penndelswim.org>

During designated warm up sessions, athletes may only enter the competition pools from the starting end. Athletes are expected to use a three-point entry in which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. The exception is during specific warm up periods when sprint lanes are designated for practicing racing starts.

Coaches are responsible for the safety of their athletes and are expected to monitor them at all times during warm up sessions.

READY BENCH: There will be a ready bench for all sessions. However, swimmers are still responsible to be at the blocks for the start of their race.

RELAY DECLARATION: Changes in the Medley Relay swimmers or order of the swimmers must be made at the coaches/scratch meeting or at a time designated by the Meet Referee. Changes in a Free Relay swimmers or order of swimmers must be made prior to the end of the Breaststroke events. Last minute changes to the order of swimmers should be given to the head lane timer prior to the start of the heat.

STARTS: 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

SWIM-OFFS: There will be no Swim-offs in the event of a tie for any places.

SWIMS (USA-S): This meet has been approved by USA Swimming. Therefore, all USA registered swimmers individual times will be automatically submitted for entry into SWIMS.

RESULTS: Any results displayed on the scoreboard are unofficial until final results are published. Results will be posted on Meet Mobile.

PROTEST PROCEDURE: Protests may only be initiated by a coach or YMCA supervisor whose team is competing in the meet. The Championship committee will arbitrate protests, eligibility issues, safety rules and other issues.

Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Meet Referee and the Meet Referee's decisions will be final (USA-S Rule 102.23).



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CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct. The following Conduct Rules shall apply:

- Deck access is limited to only registered and approved coaches, swimmers, and working officials.
- Deck changing is prohibited. The USA Swimming Rulebook defines Deck Change as: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity.” This includes slipping off the top of a one-piece performance suit to place on an alternate bikini top immediately following a race.
- Glass, Food, and chairs are not permitted on deck.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photographs are not allowed to be taken behind the block anytime that swimmers are present.
- Massage tables are not permitted.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Swimmers are not permitted in the spectator stands.
- Shaving is not permitted in any areas of the facility.
- Swimmers are requested to wear sandals and towel off before traveling the corridors.
- No swimmers will be served in the concession area unless they are wearing a T-shirt, shorts and footwear.
- No Flash Photography at the start of competition races.
- Operation of a **drone**, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.



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AWARDS AND RECOGNITION

SCORING:

Place	Individual Events	Relay Events
1	16	32
2	13	26
3	12	24
4	11	22
5	10	20
6	9	18
7	7	14
8	5	10
9	4	8
10	3	6
11	2	4
12	1	2

AWARDS: Medals are awarded for 1st-3rd place in individual events and 1st-3rd place in relays.

Ribbons are awarded for 4th-12th place in individual events and 4th-6th place in relays.

RECOGNITION: PennDel overall Division winner and dual-meet season first-place winners for each age group will be announced and recognized during the Championship.

TIME TRIALS

Time Trials will not be held at this Championship.

SPECTATORS

ADMISSION FEE: Admission is free.

HEAT SHEETS/PROGRAMS: Meet Mobile will be used.

CONCESSION STAND: Food and Drinks will be on sale throughout the meet.

APPAREL: Commemorative T-Shirts will be available for pre-order. Information will be sent out to all coaches.



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SEAT SAVING POLICY: Due to the limited venue spectator seating, seat saving will not be allowed.

HANDICAP SEATING: The Meet Director will help any spectator who is handicapped find a seat to view the meet.

LOST AND FOUND: There is a gray lost and found bin on deck.

CONDUCT AND RESTRICTIONS:

- No Flash Photography at the start of competition races.
- No personal chairs are allowed in the spectator area.
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Spectators are not permitted on deck.
- No smoking, drugs, or alcohol are permitted in the swimming complex.
- FOOD is not allowed in the spectator area.
- The Meet Director has the discretion to remove any person whose conduct is inconsistent with the core values of the YMCA.
- Operation of a **drone**, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by Vice President of Program Operations of USA Swimming.

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet.

LIABILITY LIMITS:

- In granting of the USA-S/MA approval, it is understood and agreed that USA Swimming and Middle Atlantic Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- By awarding this Championship to the host team, it is understood and agreed that PennDel Swim League shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.



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EMERGENCIES: The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

LIGHTNING POLICY: The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming, and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.

DECK ACCESS: Deck Access will be limited to swimmers, coaches, officials and meet workers. Deck Passes will be issued to gain access to the deck.



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COVID STATEMENT: We have taken enhanced health and safety measures – for you, our volunteers, and competitors. You must follow all posted instructions while visiting and/or participating in this competition. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the YMCA campus, you voluntarily assume all risks related to exposure to COVID-19.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

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DIRECTIONS

PA Turnpike: From PA Turnpike:

- Turnpike West to Morgantown exit 298
- Merge onto US-422W
- Take the Lancaster Avenue Exit.
- Turn right onto the Bingaman St. Bridge.
- Turn left onto 5th Street.
- Turn right onto Walnut Street and go across bridge
- Turn right onto Poplar

From 202 North or South:

- Follow 422 West towards Reading
- Take the Lancaster Avenue Exit.
- Turn right onto the Bingaman St. Bridge.
- Turn left onto 5th Street.
- Turn right onto Walnut Street and go across bridge
- Turn right onto Poplar



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LODGING

Hampton Inn
(610)374-8100
1800 Paper Mill Road
Wyomissing, PA 19610

The DoubleTree by Hilton Hotels
701 Penn Street
Reading, PA 19601

PARKING

Option #1:

Park in the RY lot out back and in the alley.

We advise you to not park in the Medical lot during the meet as they will ticket and or tow your vehicle.

Option #2:

Park on a public adjacent or surrounding street of the RY.

Option #3:

Park in the Poplar & Walnut Parking Garage and pay using the ParkMobile App.

Option #4:

Park in the Reed & Court Parking Garage and pay using the ParkMobile App.



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APPENDIX 1: ORDER OF EVENTS

Session 1

- 101 Girls 8 & Under 100 Medley Relay 08 & Under Age Group
- 102 Boys 8 & Under 100 Medley Relay 08 & Under Age Group
- 103 Girls 9-10 200 Medley Relay 09-10 Age Group
- 104 Girls 9-10 100 Freestyle 09-10 Age Group
- 105 Girls 8 & Under 25 Freestyle 08 & Under Age Group
- 106 Boys 8 & Under 25 Freestyle 08 & Under Age Group
- 107 Girls 9-10 200 Freestyle 09-10 Age Group
- 108 Girls 9-10 100 Backstroke 09-10 Age Group
- 109 Girls 8 & Under 25 Backstroke 08 & Under Age Group
- 110 Boys 8 & Under 25 Backstroke 08 & Under Age Group
- 111 Girls 9-10 50 Backstroke 09-10 Age Group
- 112 Girls 9-10 100 Breaststroke 09-10 Age Group
- 113 Girls 8 & Under 25 Breaststroke 08 & Under Age Group
- 114 Boys 8 & Under 25 Breaststroke 08 & Under Age Group
- 115 Girls 9-10 50 Breaststroke 09-10 Age Group
- 116 Girls 8 & Under 50 Freestyle 08 & Under Age Group
- 117 Boys 8 & Under 50 Freestyle 08 & Under Age Group
- 118 Girls 9-10 50 Freestyle 09-10 Age Group
- 119 Girls 9-10 50 Butterfly 09-10 Age Group
- 120 Girls 8 & Under 25 Butterfly 08 & Under Age Group
- 121 Boys 8 & Under 25 Butterfly 08 & Under Age Group
- 122 Girls 9-10 100 Butterfly 09-10 Age Group
- 123 Girls 9-10 100 IM 09-10 Age Group
- 124 Boys 8 & Under 100 Freestyle Relay 08 & Under Age Group
- 125 Girls 8 & Under 100 Freestyle Relay 08 & Under Age Group
- 126 Girls 9-10 200 Freestyle Relay 09-10 Age Group



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Session 2

- 201 Girls 11-12 200 Medley Relay 11-12 Age Group
- 202 Boys 11-12 200 Medley Relay 11-12 Age Group
- 203 Boys 9-10 200 Medley Relay 09-10 Age Group
- 204 Girls 11-12 200 Freestyle 11-12 Age Group
- 205 Boys 11-12 200 Freestyle 11-12 Age Group
- 206 Boys 9-10 200 Freestyle 09-10 Age Group
- 207 Girls 11-12 50 Freestyle 11-12 Age Group
- 208 Boys 11-12 50 Freestyle 11-12 Age Group
- 209 Boys 9-10 50 Freestyle 08 & Under Age Group
- 210 Girls 11-12 50 Backstroke 11-12 Age Group
- 211 Boys 11-12 50 Backstroke 11-12 Age Group
- 212 Boys 9-10 50 Backstroke 08 & Under Age Group
- 213 Girls 11-12 50 Breaststroke 11-12 Age Group
- 214 Boys 11-12 50 Breaststroke 11-12 Age Group
- 215 Boys 9-10 50 Breaststroke 09-10 Age Group
- 216 Girls 11-12 100 Butterfly 11-12 Age Group
- 217 Boys 11-12 100 Butterfly 11-12 Age Group
- 218 Boys 9-10 100 Butterfly 09-10 Age Group
- 219 Boys 9-10 100 Freestyle 09-10 Age Group
- 220 Girls 11-12 100 Freestyle 11-12 Age Group
- 221 Boys 11-12 100 Freestyle 11-12 Age Group
- 222 Boys 9-10 100 Backstroke 09-10 Age Group
- 223 Girls 11-12 100 Backstroke 11-12 Age Group
- 224 Boys 11-12 100 Backstroke 11-12 Age Group
- 225 Boys 9-10 100 Breaststroke 09-10 Age Group
- 226 Girls 11-12 100 Breaststroke 11-12 Age Group
- 227 Boys 11-12 100 Breaststroke 11-12 Age Group
- 228 Boys 9-10 50 Butterfly 09-10 Age Group
- 229 Girls 11-12 50 Butterfly 11-12 Age Group
- 230 Boys 11-12 50 Butterfly 11-12 Age Group
- 231 Boys 9-10 100 IM 09-10 Age Group
- 232 Girls 11-12 200 IM 11-12 Age Group
- 233 Boys 11-12 200 IM 11-12 Age Group
- 234 Boys 9-10 200 Freestyle Relay 09-10 Age Group
- 235 Girls 11-12 200 Freestyle Relay 11-12 Age Group
- 236 Boys 11-12 200 Freestyle Relay 11-12 Age Group



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Session 3

- 301 Girls 13-14 200 Medley Relay 13-14 Age Group
- 302 Boys 13-14 200 Medley Relay 13-14 Age Group
- 303 Girls 13-14 400 IM 13-14 Age Group
- 304 Boys 13-14 400 IM 13-14 Age Group
- 305 Girls 13-14 200 Freestyle 13-14 Age Group
- 306 Boys 13-14 200 Freestyle 13-14 Age Group
- 307 Girls 13-14 100 Backstroke 13-14 Age Group
- 308 Boys 13-14 100 Backstroke 13-14 Age Group
- 309 Girls 13-14 100 Breaststroke 13-14 Age Group
- 310 Boys 13-14 100 Breaststroke 13-14 Age Group
- 311 Girls 13-14 500 Freestyle 15-21 Age Group
- 312 Boys 13-14 500 Freestyle 15-21 Age Group
- 313 Girls 13-14 50 Freestyle 13-14 Age Group
- 314 Boys 13-14 50 Freestyle 13-14 Age Group
- 315 Girls 13-14 200 Butterfly 13-14 Age Group
- 316 Boys 13-14 200 Butterfly 13-14 Age Group
- 317 Girls 13-14 100 Freestyle 13-14 Age Group
- 318 Boys 13-14 100 Freestyle 13-14 Age Group
- 319 Girls 13-14 200 Backstroke 15-21 Age Group
- 320 Boys 13-14 200 Backstroke 15-21 Age Group
- 321 Girls 13-14 200 Breaststroke 13-14 Age Group
- 322 Boys 13-14 200 Breaststroke 13-14 Age Group
- 323 Girls 13-14 100 Butterfly 13-14 Age Group
- 324 Boys 13-14 100 Butterfly 13-14 Age Group
- 325 Girls 13-14 200 IM 13-14 Age Group
- 326 Boys 13-14 200 IM 13-14 Age Group
- 327 Girls 13-14 200 Freestyle Relay 13-14 Age Group
- 328 Boys 13-14 200 Freestyle Relay 13-14 Age Group



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**** Session 4**

- 401 *Girls Open 200 Medley Relay 15-21 Age Group*
- 402 *Boys Open 200 Medley Relay 15-21 Age Group*
- 403 *Girls 15-21 400 IM 15-21 Age Group*
- 404 *Boys 15-21 400 IM 15-21 Age Group*
- 405 *Girls 15-21 200 Freestyle 15-21 Age Group*
- 406 *Boys 15-21 200 Freestyle 15-21 Age Group*
- 407 *Girls 15-21 100 Backstroke 15-21 Age Group*
- 408 *Boys 15-21 100 Backstroke 15-21 Age Group*
- 409 *Girls 15-21 100 Breaststroke 15-21 Age Group*
- 410 *Boys 15-21 100 Breaststroke 15-21 Age Group*
- 411 *Girls Open 500 Freestyle 15-21 Age Group*
- 412 *Boys Open 500 Freestyle 15-21 Age Group*
- 413 *Girls 15-21 50 Freestyle 15-21 Age Group*
- 414 *Boys 15-21 50 Freestyle 15-21 Age Group*
- 415 *Girls 15-21 200 Butterfly 15-21 Age Group*
- 416 *Boys 15-21 200 Butterfly 15-21 Age Group*
- 417 *Girls 15-21 100 Freestyle 15-21 Age Group*
- 418 *Boys 15-21 100 Freestyle 15-21 Age Group*
- 419 *Girls 15-21 200 Backstroke 15-21 Age Group*
- 420 *Boys 15-21 200 Backstroke 15-21 Age Group*
- 421 *Girls 15-21 200 Breaststroke 15-21 Age Group*
- 422 *Boys 15-21 200 Breaststroke 15-21 Age Group*
- 423 *Girls 15-21 100 Butterfly 15-21 Age Group*
- 424 *Boys 15-21 100 Butterfly 15-21 Age Group*
- 425 *Girls 15-21 200 IM 15-21 Age Group*
- 426 *Boys 15-21 200 IM 15-21 Age Group*
- 427 *Open 200 Freestyle Relay 15-21 Age Group*
- 428 *Open 200 Freestyle Relay 15-21 Age Group*



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