



PennDel Virtual Invitationals

Purpose:

- Provide teams to participate in a virtual meet setting without worrying about scheduling with another team
- Provides flexibility in completing a meet due to possible facility restrictions
- Allows teams to swim different events at different times
- Allows for teams that are various stages of returning to the pool an opportunity for competition
- Provides opportunities for athletes to “compete”

How:

PennDel will provide 4 opportunities for teams to compete in a PennDel Virtual Invitational. PennDel will provide a meet file teams can use to participate. Teams will have a time frame of 10 days to swim events and submit results to the league. The league will then merge the results to create an invitational results file that teams can then use as they see fit. The league will then post results on the league’s website.

For the purpose of following YMCA guidelines, PennDel will be considered the home team.

ABOUT THE PENNDEL INVITATIONAL MEETS

These meets are closed (YMCA teams only), intra-association YMCA meets open to all PennDel swim teams. All competitions are held at the local area or local YMCA.

Meet Format – The meet format must be the same for all locations as to the events swum, age groups involved, etc., just as you would see at an in-person meet. You should follow the practices you would have followed for an in-person meet, (ie. combining events, etc).

Meet Dates – PennDel will provide a meet file for the months of October, November, December and January. Meet dates will span over a ten day period (which would cover two week-ends).

October 16- October 25

November 13- November 22

December 11-December 20

January 15- January 24

Technical Rules- The meet must follow the Rules that Govern YMCA Sports, Addendum to the Rules that Govern YMCA Sports, and USA-S Technical Rules.

Timing Resolution – The meet must be conducted at all sites following the timing requirements of [USA-S Rule 102.24](#). If one location for a virtual meet has fully automatic timing (touch pads) and the other location only has buttons or watches, each location should use the highest level of timing systems available at that location. If manual timing is being used, each lane will need at least 2 watches. It is important in these alternate meet arrangements that we preserve the integrity of the times going into the YMCA database and SWIMS. Penn-Del will convert all times to short course yards when merging results.

Officiating Requirements – Officiating at each site for a virtual meet must conform to [USA-S Rules 102.10.3-4](#). Each site must have a referee, a starter and an admin official. In accordance with [YMCA policies](#), at least two of those officials must be YMCA certified, and one must be a YMCA Level II certified official who serves as the meet referee. While it is desirable that all teams have the same number of officials, ***if one team has more officials and their coaches want to use the additional officials***, then they should be utilized. The same holds true as to apprentice officials.

TEAM ELIGIBILITY

Each team must be a member of the PennDel.

ATHLETE ELIGIBILITY

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the date of the competition. An athlete may have only represented that YMCA team in competition since September 1, 2020, excluding scholastic competition.

Amateur status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Age: Age for meet entry should follow PennDel swim league practices. Age of a swimmer is determined by the swimmer's age as of December 1, 2020. The 15-21 Age Group is for swimmers with a maximum age of 21 as of December 1 of the current season, with the provision that the swimmer has never competed at the college level. Competition of any kind at the college level disqualifies the individual from competition in the League. Persons wishing for exceptions due to extenuating circumstances should contact the Rules Committee Chairperson.

Entries – Swimmers can enter as many events as they so choose.

Penn Del will provide suggestions on how a team may run the meet as efficiently as possible.

EVENTS

October & December*	November & January
15-21 200 Freestyle	15-21 200 Individual Medley
13-14 200 Freestyle	13-14 200 Individual Medley
11-12 200 Freestyle	11-12 200 Individual Medley
10 & under 200 Freestyle	10 & under 100 Individual Medley
15-21 50 Freestyle	15-21 100 Freestyle
13-14 50 Freestyle	13-14 100 Freestyle
11-12 50 Freestyle	11-12 100 Freestyle
9-10 50 Freestyle	11-12 100 Freestyle
8 & under 25 Freestyle	9-10 100 Freestyle
15-21 100 Backstroke	8 & under 50 Freestyle
13-14 100 Backstroke	15-21 200 Backstroke
11-12 100 Backstroke	13-14 200 Backstroke
9-10 100 Backstroke	11-12 50 Backstroke
8 & under 25 Backstroke	9-10 50 Backstroke
15-21 100 Breaststroke	8 & under 50 Backstroke
13-14 100 Breaststroke	15-21 200 Breaststroke
11-12 100 Breaststroke	13-14 200 Breaststroke
9-10 100 Breaststroke	11-12 50 Breaststroke
8 & under 25 Breaststroke	9-10 50 Breaststroke
15-21 100 Butterfly	8 & under 50 Breaststroke
13-14 100 Butterfly	15-21 200 Butterfly
11-12 100 Butterfly	13-14 200 Butterfly
9-10 100 Butterfly	11-12 50 Butterfly
8 & under 25 Butterfly	9-10 50 Butterfly
Open 400 Individual Medley	8 & under 50 Butterfly
	Open 500 Freestyle

*For the December meet, a team may choose to swim any event due to possible tapering/resting time. If so, another meet file will be created by Penn Del.

SUBMISSION INFORMATION

Submission deadline: Tuesday following the last day listed in the meet file.

Submission procedure: Results must be in Hy-tek Meet Manager meet results export format. Please submit results to Ken Burk via moosekb@yahoo.com

When sending the results file, please provide the name and contact information for the Referee and Administrative Official in the Google Sheets link provided below. . If the meet was conducted on multiple days with different officials, please indicate which events were conducted by said officials.

<https://docs.google.com/spreadsheets/d/1QBh2X8lmfBP42tePYO5hfiV7SEUa4JoLQW0lbxeqW9l/edit?usp=sharing>

Suggestions to “running” the meet.

- If time constraints or facility constraints are an issue, spread events out over the course of several days.
- Complete events based on practice groups by combining events in MM when pulling times/entering times from console.
- Do not feel that you have to complete all the events.
- If you are limited in the number of people on deck, use swimmers as timers. Once they hit plunger or stopwatch, back away from finish to maintain social distancing rules.
- Run same distance events at same time, ie, 100 back 100 breast and 100 fly.