

**21st Annual Reading YMCA Randy Keinard 7-11
Invitational**

Sunday, January 24th, 2010

**The YMCA of Reading and Berks County
and the Parents Aquatic Club**

proudly invite you to the

21st Annual 7-11 Meet,

in the new and improved Randy Keinard Natatorium.

This meet is in honor of past Reading YMCA coach, Randy Keinard, who coached and changed the lives of those who swam under his leadership. This is a meet where even the youngest of swimmers get to shine!

Where: READING YMCA

631 WASHINGTON ST.

READING, PA 19603

when: SUNDAY, JANUARY 24TH, 2010

Time: MEET STARTS AT 9:00 AM. WARM-UPS WILL BE ANNOUNCED CLOSER TO MEET DATE.

MEET DIRECTORS: DARRIN AND JULIE GARTNER, rymeetdirector@hotmail.com

ACCOMADTIONS: THE FOLLOWING HOTELS ARE AVAILABLE WITHIN A FIVE MILE RADIUS OF THR READING YMCA.

1. HAMPTON INN- 1800 PAPER MILL RD., WYOMISSING, PA (610-374-8100)
2. HOMEWOOD SUITES- 2801 PAPER MILL RD. WYOMISSING, PA (610-736-3100)
3. SHERATON HOTEL- 1741 PAPER MILL RD. WYOMISSING, PA (610-376-8031)

SWIMMING NEEDS: T-n-T Swimming will be available, for all your swimming needs.

Anniversary t-shirts will be available for pre-order for \$15.00. Orders for t-shirts are due with payment by Jan. 10, 2009. Please submit your order as a team. Youth Medium thru Adult XL will be available. There will be a minimal amount of shirts sold on the day of the meet.

AGE GROUPS: 7& Under, 8, 9, 10, & 11. **Age of swimmer as of 12/1/08(YMCA Guidelines)**

RULES: USA (YMCA of the USA) rules and regulations will govern this meet.

AWARDS: 1st through 3rd – TROPHIES

4th through 6th – MEDALS

7th through 12th- RIBBONS

ENTRY LIMIT: Each participant may enter 4 individual events.

ENTRY FEE: \$4.00 PER EVENT.

IN THE INTEREST OF RUNNING A SMOOTHER MEET, RELAYS HAVE BEEN OMITTED FROM THIS YEARS INVITATIONAL.

WARM UPS: WARM-UPS BEGIN AT 7:45. EACH TEAM WILL BE DESIGNATED A TIME TO WARM UP ACCORDING TO NUMBER OF ENTRIES PER TEAM. TIMES, TEAMS AND LANE ASSIGNMENTS WILL BE DISTRIBUTED IN THE COACH'S PACKETS.

DIVING OFF THE BLOCKS DURING GENERAL WARM-UPS WILL NOT BE PERMITTED. SPRINT LANES WILL BE OPEN THE LAST TEN MINUTES OF EACH WARM-UP. ALL STARTS DURING WARM-UPS MUST BEGIN AT THE STARTING BLOCK END OF THE POOL.

ORDER OF EVENTS:

GIRLS ODD EVENT#

#1 8& UNDER GIRLS 100 IM
3 9YR. OLD GIRLS 100 IM
#5 10YR OLD GIRLS 100 IM
#7 11 YR OLD GIRL 100 IM
#9 7&UNDER GIRLS 25 FREE
#11 8 YR OLD GIRL 25 FREE
#13 9 YR OLD GIRL 50 FREE
#15 10 YR OLD GIRL 50 FREE
#17 11 YR OLD GIRL 50 FREE
#19 7& UNDER GIRL 25 BACK
#21 8 YR OLD GIRL 25 BACK
#23 9 YR OLD GIRL 50 BACK
#25 10 YR OLD GIRL 50 BACK
#27 11YR OLD GIRL 50 BACK
#29 7& UNDER GIRLS 25 FLY
#31 8 YR OLD GIRLS 25 FLY
#33 9 YR OLD GIRLS 50 FLY
#35 10 YR OLD GIRLS 50 FLY
#37 11 YR OLD GIRLS 50 FLY
#39 7& UNDER GIRLS 25 BREAST
#41 8 YR OLD GIRLS 25 BREAST
#43 9YR OLD GIRL 50 BREAST
#45 10 YR OLD GIRLS 50 BREAST
#47 11 YR OLD GIRL 50 BREAST
#49 7& UNDER GIRLS 50 FREE
#51 8 YR OLD GIRLS 50 FREE
#53 9 YR OLD GIRLS 100 FREE
#55 10 YR OLD GIRLS 100 FREE
#57 11 YR OLD GIRLS 100 FREE

BOYS EVEN EVENT #

#2 8& UNDER BOYS 100 IM
#4 9YR OLD BOYS 100 IM
#6 10YR OLD BOYS 100 IM
#8 11 YR BOY 100 IM
#10 7&UNDER BOYS 25 FREE
#12 8 YR OLD BOY 25 FREE
#14 9 YR OLD BOY 50 FREE
#16 10 YR OLD BOY 50 FREE
#18 11 YR OLD BOY 50 FRR
#20 7& UNDER BOY 25 BACK
#22 8 YR OLD BOY 25 BACK
#24 9 YR OLD BOY 50 BACK
#26 10YR OLD BOY 50 BACK
#28 11YR OLD BOY 50 BACK
#30 7& UNDER BOYS 25 FLY
#32 8 YR OLD BOYS 25 FLY
#34 9 YR OLD BOYS 50 FLY
#36 10 YR OLD BOYS 50 FLY
#38 11 YR OLD BOYS 50 FLY
#40 7& UNDER BOYS 25 BREAST
#42 8 YR OLD BOYS 25 BREAST
#44 9YR OLD BOYS 50 BREAST
#46 10 YR OLD BOYS 50 BREAST
#48 11 YR OLD BOYS 50 BREAST
#50 7& UNDER BOYS 50 FREE
#52 8 YR OLD BOYS 50 FREE
#54 9YR OLD BOYS 100 FREE
#56 10 YR OLD BOYS 100 FREE
#58 11 YR OLD BOYS 100 FREE

ENTRIES DUE: FRIDAY, JANUARY 8, 2010

ENTRIES WILL BE LIMITED TO THE FIRST 250 SWIMMERS.

WE REQUEST THE ENTRIES BE SUBMITTED ON HYTEK TEAM MANAGER WHEN POSSIBLE.

PAPER ENTRIES WILL BE ACCEPTED. PLEASE COPY ADDITIONAL FORMS AS NEEDED. HARD COPY SHOULD BE INCLUDED WITH YOUR DISK.

MEET RESULTS WILL BE RETURNED ON YOUR DISK.

SEND ENTRIES AND PAYMENT TO:

*READING YMCA 7-11 Meet
631 Washington St.
Reading, PA 19603*

READING YMCA 7-11 INDIVIDUAL ENTRIES

TEAM: _____

NAME: _____ MALE/FEMALE _____ AGE : _____ (AS OF 12/1/09)

EVENT# EVENT NAME SEED TIME (YD. TIME)

NAME: _____ MALE/FEMALE _____ AGE : _____ (AS OF 12/1/09)

EVENT# EVENT NAME SEED TIME (YD. TIME)

NAME: _____ MALE/FEMALE _____ AGE : _____ (AS OF 12/1/09)

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