



2022 YMCA PENNSYLVANIA DISTRICTS Qualifying Times

*11 and Overs 3 events per day (3 day program P/F)
10 and Unders 4 events per day (2 day program)*

West	Allegheny Valley
West	Baier
West	Blair Regional
West	Bradford
West	Brookville
West	Butler
West	Clearfield
West	Corry
West	County
West	DuBois
West	Sampson Family
West	Eastside
West	Franklin
West	Greensburg
West	Grove City
West	Indiana
West	Jamestown
West	Johnstown
West	Laurel Highlands
West	Ligonier
West	Meadville
West	Mon Valley
West	Lawrence County
West	Oil City
West	Ridgway
West	Richard G. Snyder
West	Rose E. Schneider
West	Sewickley
West	Shenango Valley
West	Titusville
West	Thelma Lovette
West	Uniontown
West	Valley Points
West	Warren
West	Wilmerding
East-WCU	Brandywine, PA
East-WCU	Kennett Jennersville
East-WCU	Lansdowne
East-WCU	Lionville
East-WCU	Reading
East-WCU	Upper Main Line
East-WCU	West Chester

AGE GROUP: 15 -21

Stroke	Event	Girls	Event	Boys
50 Yard Freestyle		27.99		24.99
100 Yard Freestyle		59.99		53.99
200 Yard Freestyle		2:10.49		1:59.99
500 Yard Freestyle		5:55.99		5:34.99
1000 Yard Freestyle		12:49.99		11:57.79
1650 Yard Freestyle		21:26.19		20:02.89
100 Yard Backstroke		1:08.99		1:04.99
100 Yard Breaststroke		1:19.49		1:11.49
100 Yard Butterfly		1:07.99		1:01.99
200 Yard Backstroke		2:30.99		2:18.99
200 Yard Breaststroke		2:54.49		2:37.99
200 Yard Butterfly		2:32.99		2:24.99
200 Yard Individual Medley		2:31.99		2:18.99
400 Yard Individual Medley		5:33.99		5:14.99
200 Yard Medley Relay		2:18.49		2:15.49
200 Yard Freestyle Relay		1:48.99		1:38.99
400 Yard Freestyle Relay		4:19.99		3:59.99

AGE GROUP: 13-14

Stroke	Event	Girls	Event	Boys
50 Yard Freestyle		28.49		27.49
100 Yard Freestyle		1:00.99		59.99
200 Yard Freestyle		2:14.99		2:12.99
500 Yard Freestyle		6:10.99		5:51.99
1000 Yard Freestyle		13:01.79		12:23.89
1650 Yard Freestyle		21:43.19		20:43.19
100 Yard Backstroke		1:11.49		1:11.99
100 Yard Breaststroke		1:21.49		1:18.49
100 Yard Butterfly		1:12.99		1:12.99
200 Yard Backstroke		2:34.49		2:28.99
200 Yard Breaststroke		2:54.99		2:47.99
200 Yard Butterfly		2:42.99		2:36.99
200 Yard Individual Medley		2:37.99		2:39.99
400 Yard Individual Medley		5:43.99		5:36.99
200 Yard Medley Relay		2:20.99		2:19.99
200 Yard Freestyle Relay		2:06.49		2:02.99
400 Yard Freestyle Relay		4:22.99		4:03.99

East-KROC	Ambler
East-KROC	Boyetown
East-KROC	North Penn
East-KROC	Phoenixville
East-KROC	Ridley Area
East-KROC	Rocky Run
East-KROC	Central Bucks Regional
East-KROC	Quakertown
East-KROC	Willow Grove
Central	Bellefonte
Central	Bethlehem
Central	Bloomsburg
Central	Carlisle
Central	Chambersburg
Central	East Lycoming
Central	Freeland
Central	Friendship
Central	Greater Pittston
Central	Greater Scranton
Central	Greater Susquehanna Valley
Central	Hanover
Central	Jersey Shore
Central	Juniata Valley
Central	Lancaster
Central	Lebanon
Central	Lock Haven
Central	Moshannon Valley
Central	Nazareth Easton
Central	Northern Dauphin
Central	Pocono Family
Central	Schuylkill
Central	State College
Central	Upper Perk
Central	Waynesboro
Central	West Shore
Central	Wilkes-Barre
Central	York

AGE GROUP: 11-12

Stroke	Event	Girls	Event	Boys
50 Yard Freestyle		30.99		31.99
100 Yard Freestyle		1:07.49		1:10.49
200 Yard Freestyle		2:25.49		2:32.49
500 Yard Freestyle		6:38.99		6:27.99
1000 Yard Freestyle		13:44.69		13:30.19
1650 Yard Freestyle		23:07.29		22:37.49
50 Yard Backstroke		36.49		38.49
50 Yard Breaststroke		39.99		42.99
50 Yard Butterfly		34.49		37.99
100 Yard Backstroke		1:17.99		1:17.99
100 Yard Breaststroke		1:24.99		1:27.99
100 Yard Butterfly		1:19.99		1:18.99
200 Yard Backstroke		2:43.99		2:39.69
200 Yard Breaststroke		3:06.59		3:00.19
200 Yard Butterfly		2:47.19		2:40.79
100 Yard Individual Medley		1:18.99		1:14.99
200 Yard Individual Medley		2:42.99		2:53.99
200 Yard Medley Relay		2:25.99		2:31.99
200 Yard Freestyle Relay		2:10.49		2:13.99
400 Yard Freestyle Relay		4:23.99		4:32.99

AGE GROUP: 10 & Under

Stroke	Event	Girls	Event	Boys
50 Yard Freestyle		35.49		35.49
100 Yard Freestyle		1:19.99		1:20.99
200 Yard Freestyle		2:43.99		2:45.99
50 Yard Backstroke		41.99		42.99
50 Yard Breaststroke		46.99		48.49
50 Yard Butterfly		40.99		42.99
100 Yard Backstroke		1:27.99		1:29.99
100 Yard Breaststroke		1:37.99		1:39.99
100 Yard Butterfly		1:34.99		1:34.99
100 Yard Individual Medley		1:27.99		1:29.99
200 Yard Individual Medley		3:15.99		3:13.99
200 Yard Medley Relay		2:44.99		2:50.99
200 Yard Freestyle Relay		2:27.99		2:28.99