

PENN-DEL - North Distance Championship - 1/26/2020

Penn-Del Swimming League
Hosted by Pocono Family YMCA
Psych Sheet

Event 101 Girls 11-21 1650 Yard Freestyle 11-12 Age Group

	Name	Age	Team	Seed Time
1	Delaney, Julia J	17	Pocono Family YMCA	19:15.15
2	Bucknavage, Julia	15	Wilkes Barre Family YMCA	NT
3	Dutko, Jordyn	15	Wilkes Barre Family YMCA	NT

Event 102 Boys 11-21 1650 Yard Freestyle 11-12 Age Group

	Name	Age	Team	Seed Time
1	Poveromo, Brandon R	14	Pocono Family YMCA	19:23.81
2	Hernandez, Juan C	17	Pocono Family YMCA	20:11.70
3	Hauff, Jake P	14	Nazareth/Easton YMCA	NT
4	Schell, Christopher	15	Wilkes Barre Family YMCA	NT

Event 103 Girls 11-21 1000 Yard Freestyle 11-12 Age Group

	Name	Age	Team	Seed Time
1	Little, Jewel A	14	Pocono Family YMCA	14:15.32
2	Hammonds, Danica	13	Pocono Family YMCA	14:21.43
3	Cartwright, Ashtyn G	15	Freeland YMCA	NT
4	Iriza, Nicole A	16	Pocono Family YMCA	NT
5	Wolbert, Sydney R	11	Pocono Family YMCA	NT
6	Holderith, Margaret	14	Pocono Family YMCA	NT
7	Collins, Ryleigh	14	Pocono Family YMCA	NT
8	Kuteran, Victoria	12	Pocono Family YMCA	NT

Event 104 Boys 11-21 1000 Yard Freestyle 11-12 Age Group

	Name	Age	Team	Seed Time
1	Gonzalez, Benjamin D	18	Pocono Family YMCA	10:09.58
2	Cerbone, William Z	17	Pocono Family YMCA	10:20.23
3	Leonard, Liam	15	Freeland YMCA	NT
4	Daiute, Antonio M	15	Freeland YMCA	NT
5	Kovalick, Ryan H	16	Freeland YMCA	NT
6	Nugent, Luke	13	Pocono Family YMCA	NT

Event 201 Girls 12 & Under 200 Yard Freestyle 11-12 Age Group

	Name	Age	Team	Seed Time
1	Betnar, Ava	12	Wilkes Barre Family YMCA	2:26.24
2	Hoffman, Caitlin	11	Pocono Family YMCA	2:36.23
3	Hubbs, Camille	11	Pocono Family YMCA	2:47.86
4	Johns, Victoria	11	Pocono Family YMCA	3:02.71
5	Flack, Gabriela	12	Nazareth/Easton YMCA	3:23.90
6	Febbraro, Emily	12	Pocono Family YMCA	3:26.15
7	Scarcella, Gianna	12	Freeland YMCA	NT
8	Olexa, Amber M	9	Nazareth/Easton YMCA	NT

Event 202 Boys 12 & Under 200 Yard Freestyle 11-12 Age Group

	Name	Age	Team	Seed Time
1	Olexa, Austin J	11	Nazareth/Easton YMCA	2:21.23
2	Santiago, Logan	12	Pocono Family YMCA	2:40.22
3	Taylor, Sarin K	11	Nazareth/Easton YMCA	3:12.38
4	Bartolet, Danny	8	Nazareth/Easton YMCA	NT
5	Zheng, Alfred	12	Pocono Family YMCA	NT
6	Fass, Liam	12	Pocono Family YMCA	NT

Event 203 Girls 13-21 200 Yard Butterfly 13-14 Age Group

	Name	Age	Team	Seed Time
1	Campbell, Kara E	17	Pocono Family YMCA	2:09.24

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2	Kelly, Alyssa M	13	Pocono Family YMCA	2:15.56
3	Kupsky, Mary Kate K	13	Wilkes Barre Family YMCA	2:26.70
4	Hartmann, Sierra F	15	Pocono Family YMCA	2:41.17
5	Taylor, Sovy M	13	Nazareth/Easton YMCA	2:42.00
6	Cartwright, Ashtyn G	15	Freeland YMCA	NT
7	Lloyd, Sydney	17	Freeland YMCA	NT
8	Fenn, Victoria A	15	Pocono Family YMCA	NT
9	Holderith, Margaret	14	Pocono Family YMCA	NT

Event 204 Boys 13-21 200 Yard Butterfly 13-14 Age Group

	Name	Age	Team	Seed Time
1	Poveromo, Brandon R	14	Pocono Family YMCA	2:24.25
2	Holderith, Robert C	15	Pocono Family YMCA	NT
3	Vogt, Eric	15	Wilkes Barre Family YMCA	NT

Event 205 Girls 12 & Under 100 Yard Butterfly 11-12 Age Group

	Name	Age	Team	Seed Time
1	Kuterias, Victoria	12	Pocono Family YMCA	1:06.68
2	Gasgonia, Marina	12	Pocono Family YMCA	1:09.32
3	Exil, Kayla	11	Pocono Family YMCA	1:27.93
4	Holderith, Grace	10	Pocono Family YMCA	NT

Event 206 Boys 12 & Under 100 Yard Butterfly 11-12 Age Group

	Name	Age	Team	Seed Time
1	Santiago, Logan	12	Pocono Family YMCA	1:15.31
2	DePete-McMahon, Hayden	9	Pocono Family YMCA	1:15.36
3	Rosenstock, Jay	12	Freeland YMCA	1:16.32
4	Olexa, Austin J	11	Nazareth/Easton YMCA	1:19.52
5	Machey, Cason	11	Freeland YMCA	NT

Event 207 Girls 13-21 200 Yard Backstroke 15-21 Age Group

	Name	Age	Team	Seed Time
1	Dando, Madison	16	Freeland YMCA	2:11.69
2	Dahlgren, Aviah L	17	Pocono Family YMCA	2:13.01
3	Fenn, Victoria A	15	Pocono Family YMCA	2:15.48
4	Kelly, Alyssa M	13	Pocono Family YMCA	2:16.23
5	Collins, Ryleigh	14	Pocono Family YMCA	2:18.20
6	Tassinari, Marianne E	14	Pocono Family YMCA	2:18.27
7	Hartmann, Sierra F	15	Pocono Family YMCA	2:25.74
8	Weeks, Sondra C	14	Nazareth/Easton YMCA	2:31.69
9	Burlew, Emma	14	Pocono Family YMCA	2:42.69
10	Hammonds, Danica	13	Pocono Family YMCA	2:50.38
11	MacCollum-Reyes, Jordyn	13	Freeland YMCA	2:53.78
12	DePete-McMahon, Morgan	13	Pocono Family YMCA	3:05.32
13	Bartel, Juliette	13	Freeland YMCA	NT
14	Saffer, Gabrielle L	17	Pocono Family YMCA	NT
15	Halas, Rene	13	Pocono Family YMCA	NT
16	Dunham, Mychaela	14	Pocono Family YMCA	NT
17	Dougherty, Shannon	15	Pocono Family YMCA	NT
18	Bush, Hannah	16	Pocono Family YMCA	NT

Event 208 Boys 13-21 200 Yard Backstroke 15-21 Age Group

	Name	Age	Team	Seed Time
1	Poveromo, Brandon R	14	Pocono Family YMCA	2:23.90

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2	Ong, William	13	Pocono Family YMCA	2:33.90
3	Nugent, Luke	13	Pocono Family YMCA	2:48.07
4	Pecora, Luke	13	Freeland YMCA	3:24.48
5	Leonard, Liam	15	Freeland YMCA	NT
6	Yakubowski, Landon	13	Freeland YMCA	NT
7	Daiute, Antonio M	15	Freeland YMCA	NT
8	Kovalick, Ryan H	16	Freeland YMCA	NT
9	Holderith, Robert C	15	Pocono Family YMCA	NT
10	Brinker, Andrew	14	Pocono Family YMCA	NT
11	Soja, Kamil	13	Pocono Family YMCA	NT
12	Dunham, John	13	Pocono Family YMCA	NT
13	Fass, Erik	13	Pocono Family YMCA	NT
14	Smith, Adam G	16	Wilkes Barre Family YMCA	NT
15	Vogt, Eric	15	Wilkes Barre Family YMCA	NT

Event 209 Girls 12 & Under 100 Yard Backstroke 11-12 Age Group

	Name	Age	Team	Seed Time
1	Gasgonia, Marina	12	Pocono Family YMCA	1:06.71
2	Wolbert, Sydney R	11	Pocono Family YMCA	1:11.16
3	Betnar, Ava	12	Wilkes Barre Family YMCA	1:16.98
4	Kragh, Megan I	12	Nazareth/Easton YMCA	1:19.79
5	Hubbs, Camille	11	Pocono Family YMCA	1:23.68
6	Hoffman, Caitlin	11	Pocono Family YMCA	1:26.39
7	Exil, Kayla	11	Pocono Family YMCA	1:31.15
8	Olexa, Amber M	9	Nazareth/Easton YMCA	1:36.11
9	Watts, Lena	8	Nazareth/Easton YMCA	1:36.22
10	Febbraro, Emily	12	Pocono Family YMCA	1:46.05
11	Johns, Victoria	11	Pocono Family YMCA	1:49.31
12	Young, Jocelynn	9	Pocono Family YMCA	1:55.60
13	Scarcella, Gianna	12	Freeland YMCA	NT
14	Finnamore, Dani L	10	Nazareth/Easton YMCA	NT
15	Flack, Gabriela	12	Nazareth/Easton YMCA	NT
16	Watts, Isis	8	Nazareth/Easton YMCA	NT
17	Tassinari, Suzanne E	12	Pocono Family YMCA	NT
18	Weinberger, Amanda	9	Pocono Family YMCA	NT
19	Holderith, Grace	10	Pocono Family YMCA	NT

Event 210 Boys 12 & Under 100 Yard Backstroke 11-12 Age Group

	Name	Age	Team	Seed Time
1	Olexa, Austin J	11	Nazareth/Easton YMCA	1:19.00
2	Fass, Liam	12	Pocono Family YMCA	1:24.03
3	DePete-McMahon, Hayden	9	Pocono Family YMCA	1:24.96
4	Machey, Cason	11	Freeland YMCA	1:30.02
5	Rosenstock, Jay	12	Freeland YMCA	NT
6	Romero, Matt	10	Nazareth/Easton YMCA	NT
7	Tomaszewski, Oliver	8	Pocono Family YMCA	NT
8	DeVita, Andrew	9	Pocono Family YMCA	NT
9	Zheng, Alfred	12	Pocono Family YMCA	NT
10	Zheng, Aiden	8	Pocono Family YMCA	NT
11	Soja, Kacper	8	Pocono Family YMCA	NT
12	Ogbolu, Chudi	10	Pocono Family YMCA	NT

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13	Foster, Jason	12	Pocono Family YMCA	NT
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Event 211 Girls 13-21 200 Yard Breaststroke 15-21 Age Group

	Name	Age	Team	Seed Time
1	Saffer, Gabrielle L	17	Pocono Family YMCA	2:38.81
2	Kelly, Alyssa M	13	Pocono Family YMCA	2:39.36
3	Tassinari, Marianne E	14	Pocono Family YMCA	2:41.15
4	Kupsky, Mary Kate K	13	Wilkes Barre Family YMCA	2:45.49
5	Weeks, Sondra C	14	Nazareth/Easton YMCA	2:46.76
6	Blasko, Gabby	14	Freeland YMCA	3:09.29
7	Burlew, Emma	14	Pocono Family YMCA	3:15.14
8	Hammonds, Danica	13	Pocono Family YMCA	3:27.84
9	Bartel, Juliette	13	Freeland YMCA	3:59.15
10	Tarapchak, Jana	13	Freeland YMCA	4:00.00
11	Iriza, Nicole A	16	Pocono Family YMCA	NT
12	Halas, Rene	13	Pocono Family YMCA	NT
13	Dunham, Mychaela	14	Pocono Family YMCA	NT
14	DePete-McMahon, Morgan	13	Pocono Family YMCA	NT
15	Bush, Hannah	16	Pocono Family YMCA	NT
16	Bucknavage, Julia	15	Wilkes Barre Family YMCA	NT

Event 212 Boys 13-21 200 Yard Breaststroke 15-21 Age Group

	Name	Age	Team	Seed Time
1	Cerbone, William Z	17	Pocono Family YMCA	2:15.52
2	Yakubowski, Logan	14	Freeland YMCA	2:32.18
3	Brinker, Andrew	14	Pocono Family YMCA	2:59.67
4	Nugent, Luke	13	Pocono Family YMCA	3:04.99
5	Yakubowski, Landon	13	Freeland YMCA	3:49.13
6	Pecora, Luke	13	Freeland YMCA	NT
7	Soja, Kamil	13	Pocono Family YMCA	NT
8	Ong, William	13	Pocono Family YMCA	NT
9	Dunham, John	13	Pocono Family YMCA	NT
10	Fass, Erik	13	Pocono Family YMCA	NT
11	Schell, Christopher	15	Wilkes Barre Family YMCA	NT

Event 213 Girls 12 & Under 100 Yard Breaststroke 11-12 Age Group

	Name	Age	Team	Seed Time
1	Wolbert, Sydney R	11	Pocono Family YMCA	1:17.12
2	Kuteras, Victoria	12	Pocono Family YMCA	1:23.38
3	Gasgonia, Marina	12	Pocono Family YMCA	1:29.89
4	Hoffman, Caitlin	11	Pocono Family YMCA	1:34.27
5	Tassinari, Suzanne E	12	Pocono Family YMCA	1:34.45
6	Hubbs, Camille	11	Pocono Family YMCA	1:39.73
7	Johns, Victoria	11	Pocono Family YMCA	1:41.01
8	Exil, Kayla	11	Pocono Family YMCA	1:43.17
9	Nicholson, Natalia	10	Pocono Family YMCA	2:00.23
10	Flack, Gabriela	12	Nazareth/Easton YMCA	NT
11	Kragh, Megan I	12	Nazareth/Easton YMCA	NT
12	Watts, Isis	8	Nazareth/Easton YMCA	NT
13	Watts, Lena	8	Nazareth/Easton YMCA	NT
14	Gardina, Mia	10	Pocono Family YMCA	NT
15	Weinberger, Amanda	9	Pocono Family YMCA	NT

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Event 214 Boys 12 & Under 100 Yard Breaststroke 11-12 Age Group

	Name	Age	Team	Seed Time
1	Santiago, Logan	12	Pocono Family YMCA	1:21.09
2	Zheng, Alfred	12	Pocono Family YMCA	1:35.18
3	Machey, Cason	11	Freeland YMCA	1:46.53
4	DeVita, Andrew	9	Pocono Family YMCA	2:03.97
5	Rosenstock, Jay	12	Freeland YMCA	NT
6	Bartolet, Danny	8	Nazareth/Easton YMCA	NT
7	Maier, Wylie S	10	Nazareth/Easton YMCA	NT
8	Romero, Matt	10	Nazareth/Easton YMCA	NT
9	Saffer, Sean	10	Pocono Family YMCA	NT
10	Zheng, Aiden	8	Pocono Family YMCA	NT
11	Soja, Kacper	8	Pocono Family YMCA	NT
12	Fass, Liam	12	Pocono Family YMCA	NT
13	Foster, Jason	12	Pocono Family YMCA	NT
14	Fowler, Brian	11	Wilkes Barre Family YMCA	NT

Event 215 Girls 13-21 400 Yard IM 15-21 Age Group

	Name	Age	Team	Seed Time
1	Tassinari, Marianne E	14	Pocono Family YMCA	4:52.44
2	Campbell, Kara E	17	Pocono Family YMCA	5:01.51
3	Dando, Madison	16	Freeland YMCA	5:03.09
4	Sheets, Maura M	15	Pocono Family YMCA	5:21.22
5	Weeks, Sondra C	14	Nazareth/Easton YMCA	5:31.92
6	Lloyd, Sydney	17	Freeland YMCA	NT
7	Hartmann, Sierra F	15	Pocono Family YMCA	NT

Event 216 Boys 13-21 400 Yard IM 15-21 Age Group

	Name	Age	Team	Seed Time
1	Yakubowski, Logan	14	Freeland YMCA	4:48.90
2	Ong, William	13	Pocono Family YMCA	5:32.73
3	Kovalick, Ryan H	16	Freeland YMCA	NT
4	Smith, Adam G	16	Wilkes Barre Family YMCA	NT

Event 217 Girls 10 & Under 100 Yard Freestyle 09-10 Age Group

	Name	Age	Team	Seed Time
1	Olexa, Amber M	9	Nazareth/Easton YMCA	1:19.31
2	Holderith, Grace	10	Pocono Family YMCA	1:21.47
3	Watts, Lena	8	Nazareth/Easton YMCA	1:24.90
4	Finnamore, Dani L	10	Nazareth/Easton YMCA	1:31.46
5	Nicholson, Natalia	10	Pocono Family YMCA	1:33.96
6	Gardina, Mia	10	Pocono Family YMCA	1:41.14
7	Watts, Isis	8	Nazareth/Easton YMCA	1:42.00
8	Young, Jocelynn	9	Pocono Family YMCA	1:56.02

Event 218 Boys 10 & Under 100 Yard Freestyle 09-10 Age Group

	Name	Age	Team	Seed Time
1	DePete-McMahon, Hayden	9	Pocono Family YMCA	1:13.28
2	Saffer, Sean	10	Pocono Family YMCA	1:19.57
3	Ogbolu, Chudi	10	Pocono Family YMCA	1:35.58
4	Maier, Wylie S	10	Nazareth/Easton YMCA	1:38.18
5	Romero, Matt	10	Nazareth/Easton YMCA	1:41.82
6	DeVita, Andrew	9	Pocono Family YMCA	1:44.46
7	Kapetanakis, Simon	9	Nazareth/Easton YMCA	1:55.63
8	Bartolet, Danny	8	Nazareth/Easton YMCA	NT

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9	Tomaszewski, Oliver	8	Pocono Family YMCA	NT
10	Zheng, Aiden	8	Pocono Family YMCA	NT
11	Soja, Kacper	8	Pocono Family YMCA	NT

Event 219 Girls 13-21 200 Yard Freestyle Relay 15-21 Age Group

	Team	Relay	Seed Time
1	Pocono Family YMCA	W0 A	1:42.09
2	Pocono Family YMCA	W0 B	1:48.01
3	Freeland YMCA	W0 A	2:08.84

Event 220 Boys 13-21 200 Yard Freestyle Relay 15-21 Age Group

	Team	Relay	Seed Time
1	Pocono Family YMCA	M0 A	1:36.17