



# Randy Keinard Invitational

Hosted by  
**Reading YMCA**  
Sunday, January 21, 2018

Application pending for USA Swimming approved meet

<b>LOCATION:</b>	<p><b>Reading YMCA</b>  <b>631 Washington Street</b>  <b>Reading, PA 19603</b></p> <p>The following phone number is available for emergency use during the meet.          Facility Phone#: 610-378-4700</p>
<b>FACILITY:</b>	<p>This meet will be run in a 8 lane, 25-yard indoor pool with fully automatic timing (Semi-automatic timing for 25's). The starting end has a depth of 12 feet and the turn end is 3.5 feet. The facility is equipped with Kiefer Wave Eater II Lane Lines. Daktronics OmniSport 2000 timing system with LED matrix scoreboard. Hy-Tek Meet Manager 6.0 software. The competition course has not been certified in accordance with 104.2.2C(4) of the USA Swimming Rules and Regulations.</p> <p>Seating for swimmers will be in two large gyms located within close proximity to the pool deck. Due to limited seating space we ask parents also bring chairs to sit in gyms between events. Parking vouchers will be distributed upon entrance to the meet. Parking will be \$2.00 for the Walnut Street Parking Garage across from the pool.</p> <p><b>No Smoking is permitted.</b></p>
<b>CO-MEET DIRECTOR:</b>	<p>Kelly Wasielewski 484-336-7676 <a href="mailto:kdw122@gmail.com">kdw122@gmail.com</a>          and          Donna Rickert 610-507-7141 <a href="mailto:drickert@frontiernet.net">drickert@frontiernet.net</a></p>
<b>START TIMES:</b>	<p><b>Warm-up: 7:00 AM; 1:30 PM (Times will be confirmed 1 Week Prior)</b>  <b>Meet Start: 8:30 AM; 3:00 PM</b></p>
<b>MEETING TIMES:</b>	<p><b>Coach's Meeting: 7:30 AM; 2:00 PM</b>  <b>Officials Meeting: 7:45 AM; 2:15 PM</b>  <b>Timers Meeting: 8:00 AM; 2:30 PM</b></p>
<b>WARM-UP:</b>	<p>The warm-up sessions will be divided into periods of equal length depending on the number of swimmers entered. Warm-up schedules will be posted on the Penn-Del web site and sent to coaches Wednesday prior to the meet. Warm-up times may need to be adjusted based on actual attendance. Sprint/Start lanes will be available at the end of each warm-up session. No diving or backstroke starts will be permitted except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules.</p>
<b>RULES:</b>	<p>This meet will be run according to USA Swimming and Penn-Del Swim League rules and regulations. All events are Pre-Seeded, Timed Finals. Coaches <b>MUST</b> attend the coaches meeting.</p> <p>Except where the venue facilities require otherwise, changing, into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The USA Swimming Rulebook defines Deck Change as: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity." This includes slipping off the top of a one-piece performance suit to place on an alternate bikini top immediately following a race.</p>
<b>ELIGIBILITY:</b>	<p>This meet is open to any Penn Del League YMCA swimmer that is currently on their teams' active rosters. Swimmers will compete in age groups based on their age as of December 1<sup>st</sup>, 2017 as rostered for the dual meet season. Swimmers must compete in their own age group.</p>
<b>SWIMMERS WITH A DISABILITY:</b>	<p>Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.</p>
<b>USA SWIMMING:</b>	<p>In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone</p>

	during the conduct of the meet.
<b>RECORDING DEVICES:</b>	The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
<b>ENTRIES:</b>	Swimmers may enter up to (4) individual events and all necessary relays for teams who need a qualifying time. **Relays are for teams that need a qualifying time only.
<b>ENTRY FEES:</b>	Entry fees are \$4.00 per individual event. \$16.00 per relay There is a \$7.00 per swimmer surcharge. <b>Please send one check or PO per club, payable to: "RY-PAC".</b> Entries will <b>NOT</b> be accepted without full payment
<b>HOW TO ENTER:</b>	<b>ENTRY DEADLINE 11:59PM, MONDAY, JANUARY 15, 2018.</b> All Events are Pre-Seeded, Timed Final Events. All times submitted must be the swimmer's best time. Entries must be submitted using HY-TEK software format. <b>Only USA Swimming registered athletes should have ID numbers in entry file.</b> Entry Fees and all paperwork <b>MUST</b> be postmarked by: <u>Wednesday, January 17<sup>th</sup>, 2018.</u>
<b>SEND TO:</b>	Mail check, to the host club at the below address. Email Entries to: kdw122@gmail.com <b>Reading YMCA – Host Team</b> <b>Attention: Ron Strieb</b> <b>303 Herington Drive</b> <b>Reading, PA 19608</b>
<b>DECK ACCESS:</b>	Deck Access will be limited to swimmers, coaches, officials and meet workers.
<b>AWARDS:</b>	8&Unders – Trophies 1 <sup>st</sup> -3 <sup>rd</sup> , Medals 4 <sup>th</sup> -6 <sup>th</sup> , and Ribbons 7 <sup>th</sup> -12 <sup>th</sup> 9-10 – Medals 1 <sup>st</sup> -6 <sup>th</sup> and Ribbons 7 <sup>th</sup> -12 <sup>th</sup> 11-12 – Medals 1 <sup>st</sup> -6 <sup>th</sup> and Ribbons 7 <sup>th</sup> -12 <sup>th</sup>
<b>ADMISSIONS:</b>	Admission is FREE. Programs will be available for FREE on our website.
<b>SPECTATORS:</b>	Deck bleachers have seating for 230 spectators. Overlooking observation room has 50 available seats and standing room area. <b>No swimmers are allowed in the observation room area for safety reasons.</b>
<b>REFRESHMENTS:</b>	Food and Drinks will be on sale throughout the meet. NO FOOD will be allowed on the pool deck or bleachers. There will also be a swim shop on-site during the meet.
<b>SAFETY:</b>	Safety Marshals will be posted at different locations through out the meet area. First Aid will be located on the pool deck in the Aquatic Office. Swimmers are requested to wear sandals and towel off before traveling the corridors. No swimmers will be served in the concession area unless they are wearing a T-shirt, shorts and footwear.

**Due to the use of the electronic starting system, spectators MUST refrain from using flash photography at the start of each race!**

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Order of Events  
 Session 1: 8&Under - 9-10 - 11-12 Girls and Boys  
 Start Time 8:30 AM

<u>Girls Event #</u>	<u>Event Name</u>	<u>Boys Event #</u>
1	8&Under 100 Medley Relay**	2
3	9-10 200 Medley Relay**	4
5	11-12 200 Medley Relay**	6
7	8&Under 100 IM	8
9	9-10 100 IM	10
11	11-12 200 IM	12
13	8&Under 25 Freestyle	14
15	9-10 50 Freestyle	16
17	11-12 50 Freestyle	18
19	9-10 100 Backstroke	20
21	11-12 100 Backstroke	22
23	8&Under 25 Butterfly	24
25	9-10 50 Butterfly	26
27	11-12 50 Butterfly	28
29	8& Under 25 Backstroke	30
31	9-10 50 Backstroke	32
33	11-12 50 Backstroke	34
35	8&Under 50 Freestyle	36
37	9-10 100 Butterfly	38
39	11-12 100 Butterfly	40
41	8&Under 25 Breaststroke	42
43	9-10 50 Breaststroke	44
45	11-12 50 Breaststroke	46
47	9-10 100 Freestyle	48
49	11-12 100 Freestyle	50
51	9-10 100 Breaststroke	52
53	11-12 100 Breaststroke	54
55	9-10 200 Freestyle	56
57	11-12 200 Freestyle	58
59	8&Under 100 Free Relay **	60
61	9-10 200 Free Relay**	62
63	11-12 200 Free Relay**	64

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Order of Events  
Session 2: 15-19 and 13-14 Girls and Boys  
Start Time 3:00 PM

<b><u>Girls Event #</u></b>	<b><u>Event Name</u></b>	<b><u>Boys Event #</u></b>
65	13-14 200 Medley Relay**	66
67	15-19 400 Medley Relay**	68
69	15-19 400 IM	70
71	13-14 400 IM	72
73	15-19 200 Freestyle	74
75	13-14 200 Freestyle	76
77	15-19 100 Backstroke	78
79	13-14 100 Backstroke	80
81	15-19 100 Breaststroke	82
83	13-14 100 Breaststroke	84
85	13-19 500 Freestyle	86
87	15-19 50 Freestyle	88
89	13-14 50 Freestyle	90
91	15-19 200 Butterfly	92
93	13-14 200 Butterfly	94
95	15-19 100 Freestyle	96
97	13-14 100 Freestyle	98
99	15-19 200 Backstroke	100
101	13-14 200 Backstroke	102
103	15-19 200 Breaststroke	104
105	13-14 200 Breaststroke	106
107	15-19 100 Butterfly	108
109	13-14 100 Butterfly	110
111	15-19 200 IM	112
113	13-14 200 IM	114
115	13-14 200 Free Relay**	116
117	15-19 400 Free Relay**	118

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**Driving Directions**

**PA Turnpike: From PA Turnpike:**

- Turnpike West to Morgantown exit 298
- Merge onto US-422W
- Take the Penn Street Exit
- Follow Penn Street to 5<sup>th</sup> Street and make a left
- Turn right onto Walnut Street and go across bridge
- Turn right onto Poplar
- Garage is on Poplar & Walnut Streets

**From 202 North or South:**

- Follow 422 West towards Reading
- Take the Penn Street Exit
- Follow Penn Street to 5<sup>th</sup> Street and make a left
- Turn right onto Walnut Street and go across bridge
- Turn right onto Poplar
- Garage is on Poplar & Walnut Street

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**Hotel Information**

DoubleTree by Hilton Reading

(610)-375-8000

701 Penn Street

Reading, PA 19601

Hampton Inn

(610)-374-8100

1800 Paper Mill Road

Wyomissing, PA 19610

Homewood Suites

(610)-736-3100

2801 Paper Mill Road

Wyomissing, PA 19610

Crown Plaza

(610)-376-8031

1741 Paper Mill Road

Wyomissing, PA 19610

Candlewood Suites

(610)-898-1910

55 South Third Street

West Reading, PA 1961