



PENN-DEL Championship – Adams Division February 10 & 11, 2018

Meeting Schedule

Meeting Schedule Saturday Evening Session

WARM-UPS	2:45 PM
COACHES MEETING	3:15 PM
OFFICIALS MEETING:	3:45 PM
TIMERS MEETING:	4:00 PM
MEET START:	4:15 PM

Meeting Schedule Sunday Morning Session

WARM-UPS	7:00 AM
COACHES MEETING	7:10 AM
OFFICIALS MEETING:	7:25 AM
TIMERS MEETING:	7:40 AM
MEET START:	8:10 AM

Meeting Schedule Sunday Afternoon Session

WARM-UPS	12:30 PM
COACHES MEETING	1:00 PM
OFFICIALS MEETING:	1:30 PM
TIMERS MEETING:	1:45 PM
MEET START:	2:00 PM

The Saturday afternoon session is projected to end at 9:30 PM.

The Saturday afternoon session break will be after event 322

The Sunday morning session is projected to end at 11:30 PM.

The Sunday AM session break will be after event 113

The Sunday afternoon session is scheduled to end at 6:20 PM.

The Saturday PM session break will be after event 218.



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Warm-up Schedule

Saturday PM Session - Warm-Up Information

13 – 14 & 15-21

Warm-up Session 1 (2:45 PM - 3:00) Sprints (3:00 - 3:05)

KAY	38 swimmers	Lanes:	1,2,3 & 4
JY	34 swimmers	Lanes:	5,6,7 & 8

Warm-up Session 2 (3:05 PM - 3:20) Sprints (3:20 - 3:25)

BRY	32 swimmers	Lanes:	1,2 & 3
WEST	35 swimmers	Lanes:	4,5,6 & 7
OPEN		Lanes:	8

Warm-up Session 3 (3:25 PM - 3:40) Sprints (3:40 – 3:45)

UMLY	38 swimmers	Lanes:	1,2,3 & 4
LCY	36 swimmers	Lanes:	5,6,7 & 8

Warm-up Session 4 (3:45 PM - 4:00) Sprints (4:00 - 4:05)

RAY	49 swimmers	Lanes:	1,2,3,4 & 5
OPEN		Lanes:	6,7 & 8

Sunday AM Session - Warm-Up Information

8 & U & 9-10 Girls

Warm-up Session 1 (7:00 AM - 7:15) Sprints (7:15 - 7:20)

KAY	35 swimmers	Lanes:	1,2,3 & 4
JY	37 swimmers	Lanes:	5,6,7 & 8

Warm-up Session 2 (7:20 AM - 7:35) Sprints (7:35 - 7:40)

UMLY	31 swimmers	Lanes:	1, 2 & 3
BRY	18 swimmers	Lanes:	4 & 5
LCY	31 swimmers	Lanes:	6,7 & 8

Warm-up Session 3 (7:40 AM - 7:55) Sprints (7:55 - 8:00)

RAY	38 swimmers	Lanes:	1,2,3 & 4
WEST	37 swimmers	Lanes:	5,6,7 & 8



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Warm-up Schedule Sunday PM Session - Warm-Up Information

9-10 Boys & 11-12

Warm-up Session 1 (12:30 PM - 12:45) Sprints (12:45 - 12:50)

KAY	47 swimmers	Lanes:	1,2,3,4 & 5
JY	28 swimmers	Lanes:	6,7 & 8

Warm-up Session 2 (12:50 PM - 1:05) Sprints (1:05 - 1:10)

UMLY	33 swimmers	Lanes:	1,2,3 & 4
BRY	36 swimmers	Lanes:	5,6,7 & 8

Warm-up Session 3 (1:10 PM - 1:25) Sprints (1:25 - 1:30)

LCY	45 swimmers	Lanes:	1,2,3,4 & 5
WEST	23 swimmers	Lanes:	6 & 7
OPEN		Lane:	8

Warm-up Session 3 (1:30 PM - 1:45) Sprints (1:45 - 1:50)

RAY	50 swimmers	Lanes:	1,2,3,4 & 5
OPEN		Lanes:	6,7 & 8

Swimmers will be staged in the gym between events.

Please dress appropriately to stay warm. This is an air-conditioned space, sweats, fleece, blankets may be appropriate.

All electronics and personal items are the sole responsibility of the owner.