

## Warm-up Schedule for February 12, 2012

### Madison/Adams Championship Meet

#### AM Session - Warm-Up Information

##### Warm-up Session 1 ( 7:00 AM - 7:15 ) Sprints ( 7:15 - 7:20 )

HATY	33 swimmers	Lanes:	1, 2, 3 & 4
AMBS	39 swimmers	Lanes:	5, 6, 7 & 8

##### Warm-up Session 2 ( 7:20 AM - 7:35 ) Sprints ( 7:35 - 7:40 )

UBY	29 swimmers	Lanes:	1, 2, 3 & 4
NPY	11 swimmers	Lane:	5
PTFY	19	Lanes:	6 & 7
OPEN		Lane:	8

##### Warm-up Session 3 ( 7:40 AM - 7:55 ) Sprints ( 7:55 - 8:00 )

NAZY	39 swimmers	Lanes:	1, 2, 3 & 4
BYST	28 swimmers	Lanes:	5, 6 & 7
OPEN		Lane:	8

##### Warm-up Session 3 ( 8:00 AM - 8:15 ) Sprints ( 8:15 - 8:20 )

TRVY	22 swimmers	Lanes:	1 & 2
UMLY	18 swimmers	Lanes:	3 & 4
BYNS	25 swimmers	Lanes:	5, 6 & 7
OPEN		Lane:	8

#### PM Session - Warm-Up Information

##### Warm-up Session 1 ( 1:15 PM - 1:30 ) Sprints ( 1:30 - 1:35 )

BYST	41 swimmers	Lanes:	1, 2 & 3
AMB	27 swimmers	Lanes:	4 & 5
HATY	36 swimmers	Lanes:	6, 7 & 8

##### Warm-up Session 2 ( 1:35 PM - 1:50 ) Sprints ( 1:50 - 1:55 )

UBY	35 swimmers	Lanes:	1, 2 & 3
NAZ	24 swimmers	Lanes:	4 & 5
BYNS	41 swimmers	Lanes:	5, 6 & 8

##### Warm-up Session 3 ( 1:55 PM - 2:10 ) Sprints ( 2:10 - 2:15 )

TRVY	28 swimmers	Lanes:	1, 2 & 3
NPY	7 swimmers	Lane:	4
PTFY	22 swimmers	Lanes:	5 & 6
UMLY	22 swimmers	Lanes:	7 & 8