



The PARENTS AQUATIC CLUB of the PHOENIXVILLE YMCA  
presents the

## TURKEY TROT

*"Swim Your Own Age"* Invitational  
Sunday, November 20, 2011



**Description:**

The Turkey Trot is open to 12 & under swimmers from YMCA's and Suburban Aquatic League Teams in the region. We encourage your attendance at this single-age group competition.

**Meet Location:**

Phoenixville Area YMCA, 400 E. Pothouse Rd., Phoenixville, PA 19460  
***For GPS & Mapping: Use 160 E. Pothouse Road, Phoenixville, PA 19460***  
Day of Meet Phone: 610-933-5861 (Directions available on PennDel website)

**Facilities:**

Pool: Six lane, 25 meter pool with Kiefer lane lines and Daktronics electronic timing & scoreboard; touchpads at start end; semi-automatic three-button system at 25M end. Depth at start end – 10'; 25M finish end – 4'; shallow end requires in-water relays exchanges.

Swimmer Seating: Swimmers will be seated by team in the gym, adjacent to the pool. Ready benches will be located in this same area. ***Each team must provide adult supervision for their swimmers in the ready area.***

Snack Bar: A snack bar will be open throughout the meet serving hot and cold food, beverages, and snacks. Ample room is available in concession area of gym to sit and eat.

Parking: Ample parking is available and we request swimmer families to park in the lower lot. Handicapped parking is available in the upper lot.

**Meet Directors:**

Tez Seiberlich; E-mail: [tseiberlich@fvymca.org](mailto:tseiberlich@fvymca.org); 610-457-2141  
Ryan Kennedy, Head Coach: [paycoach@fvymca.org](mailto:paycoach@fvymca.org); 484-921-5845\*  
**This phone rings into the pool office, so please use during day of meet.**  
Please direct all questions to the meet directors. ***Please note: During the meet, all questions should be directed to your team coach who will take them to the meet director.***

**Meet Session  
Start Times:**

Girls Session*:	7:00 AM Warm-Up	8:15 AM Meet Start
Boys Session*:	12:30 PM Warm-Up (Tentative)	1:30 PM Meet Start

**\*We will announce any adjustments to the girls and boys start times, if necessary, once entries are received.**

**Eligibility:**

The age of the swimmer on November 20<sup>th</sup> will determine the age group the swimmer may enter.

**Entries:**

The meet director reserves the right to limit entries due to time restrictions. *Only TEAM/COACH entries will be accepted. Entries will be accepted and processed as they are received.*

- Electronic entries in a Hy-Tek Team Manager entry file are preferred. **ALL ENTRIES MUST BE SUBMITTED IN METER TIMES; converted times are accepted.**
- Entries may be sent via e-mail. Include with your entry file, a Team Manager report by entry (saved in Word for Windows or PDF.) In the body of your e-mail, provide the number of girls, boys and total entries. Include contact information (name, address, phone and cell phone); include names of all coaches attending by session. Send to: [tseiberlich@fvymca.org](mailto:tseiberlich@fvymca.org). Send entry check under separate cover. **Payment must arrive by Wednesday, November 16<sup>th</sup> at 5:00 PM.**
- If a Hy-Tek electronic file is not possible: Use official Meet Entry forms enclosed. Any team entering more than 5 swimmers, which does not submit entries via e-mail using the Hy-Tek program will be required to pay an additional \$5.00 per swimmer surcharge (total \$ 9.00/swimmer surcharge) . This surcharge, as well as normal entry fees must be paid in full for the entries to be considered received. Entries must be accompanied by a completed Meet Entry Summary sheet which is enclosed in this packet.

**Entry Fees:**

**Each swimmer may swim up to 4 individual events and 1 relay.**

Individual Events: \$4.00/Event                      Relay Events: \$12.00/Relay

Swimmer Surcharge: \$4.00/Swimmer

Please send ONE check per club payable to "PAC".

**Teams/Swimmers attending the meet without a coach also must send one check. No individual checks will be accepted.**

**Mail Entries\***

**& Payment to:**

Tez Seiberlich, Meet Director

**Turkey Trot Invitational**

400 East Pothouse Road

Phoenixville, PA 19460

Hy-Tek Entries can be e-mailed to the meet director:

[tseiberlich@fvymca.org](mailto:tseiberlich@fvymca.org) (see above)

**\*Do not mail the entries to the attention of Phoenixville YMCA.**

***If using rush service, please waive signature requirement.***

**Entry Deadline:**

**Entry deadline is Monday, November 14, 2011 at 8:00 PM. THIS IS FIRM:**

**NO LATE ENTRIES** will be accepted. All entries are processed in the order received. Entries are considered received when accompanied by full payment along with all required documentation. For entries received on the same day, Hy-Tek entries will be accepted first (in the order received) followed by paper (official entry form) entries.

**Awards:**                   **Individual Awards:** Medals 1<sup>st</sup> - 3<sup>rd</sup> places, Ribbons 4<sup>th</sup> - 12<sup>th</sup> places.  
**Relay Awards:** Rosettes 1<sup>st</sup> - 3<sup>rd</sup> places, Ribbons 4<sup>th</sup> - 6<sup>th</sup> places.  
Heat Winner Ribbons and Participation Ribbons will be awarded.

**Rules:**                        Current USA Swimming & YMCA rules govern the meet.

**Admission:**                Free

**Programs:**                 \$3.00 per program per session.

**Questions:**                *Coaches only* may contact meet director, details listed above.

**Volunteers:**               Any visiting team parent that would like to volunteer to time or officiate please email the meet director: tseiberlich@fvymca.org. Admission and programs fees will be waived.

**Meet T-Shirts:**            **T-Shirts and other apparel will be available for sale at the meet.**

## TURKEY TROT EVENT LIST

**FOUR individual events and one relay allowed per swimmer.**

Girls	6 & Under	Boys	Girls	7 Yr. Old	Boys
7 & U	100 M Free Relay (7&U)	7 & U	1	100 M Free Relay (7&U)	61
10	50 M Freestyle	70	11	50 M Freestyle	71
17	25 M Backstroke	77	18	25 M Backstroke	78
29	25 M Breaststroke	89	30	25 M Breaststroke	90
41	25 M Butterfly	101	42	25 M Butterfly	102
48	25 M Freestyle	108	49	25 M Freestyle	109
Girls	8 Yr. Old	Boys	Girls	9 Yr. Old	Boys
2	100 M Freestyle Relay	62	3	200 M Freestyle Relay	63
12	50 M Freestyle	72	13	50 M Freestyle	73
19	25 M Backstroke	79	20	50 M Backstroke	80
24	100 M Freestyle*	84	25	200 M Freestyle*	85
31	25 M Breaststroke	91	32	50 M Breaststroke	92
36	100 M Individual Medley	96	37	100 M Individual Medley	97
43	25 M Butterfly	103	44	50 M Butterfly	104
50	25 M. Freestyle	110	51	100 M Freestyle	111
Girls	10 Yr. Old	Boys	Girls	11 Yr. Old	Boys
4	200 M Freestyle Relay	64	5	200 M Freestyle Relay	65
7	200 M Individual Medley*	67	8	200 M Individual Medley*	68
14	50 M Freestyle	74	15	50 M Freestyle	75
21	50 M Backstroke	81	22	50 M Backstroke	82
26	200 M Freestyle*	86	27	200 M Freestyle*	87
33	50 M Breaststroke	93	34	50 M Breaststroke	94
38	100 M Individual Medley	98	39	100 M Individual Medley	99
45	50 M Butterfly	105	46	50 M Butterfly	106
52	100 M Freestyle	112	53	100 M Freestyle	113
Girls	12 Yr. Old	Boys	SPECIAL NOTES:		
6	200 M Freestyle Relay	66	200 M Freestyle & 200 M Individual Medley entrants will swim together, seeded by time, and will be scored individually by age group.		
9	200 M Individual Medley*	69			
16	50 M Freestyle	76			
23	50 M Backstroke	83			
28	200 M Freestyle	88			
35	50 M Breaststroke	95			
40	100 M Individual Medley*	100			
47	50 M Butterfly	107			
54	100 M Freestyle	114			



**Relay Event Meet Entry Form**

	<b>NAMES</b>	<b>AGE</b>	<b>EVENT #</b>	<b>TIME</b>
<b>Team:</b>				
1				
2				
3				
4				
<b>Team:</b>				
1				
2				
3				
4				
<b>Team:</b>				
1				
2				
3				
4				
<b>Team:</b>				
1				
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<b>Team:</b>				
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4				
<b>Team:</b>				
1				
2				
3				
4				

**TURKEY TROT  
NOVEMBER 20, 2011  
PHOENIXVILLE YMCA**

**MEET ENTRY SUMMARY SHEET**

Team: \_\_\_\_\_

Head Coach: \_\_\_\_\_

Contact Information:

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Coaches Attending: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

# Female Swimmers: \_\_\_\_\_

# Male Swimmers: \_\_\_\_\_

# Female Individual Entries: \_\_\_\_\_

# Male Individual Entries: \_\_\_\_\_

# Female Relay Entries: \_\_\_\_\_

# Male Relay Entries: \_\_\_\_\_

TOTAL # SWIMMERS: \_\_\_\_\_ x \$ 4.00 Surcharge = \$ \_\_\_\_\_

TOTAL # INDIVIDUAL ENTRIES \_\_\_\_\_ x \$ 4.00 = \$ \_\_\_\_\_

TOTAL # RELAY ENTRIES: \_\_\_\_\_ x \$12.00 = \$ \_\_\_\_\_

TOTAL ENCLOSED: \$ \_\_\_\_\_

Please make check payable to: **PAC**  
Payment must be received by Wednesday, November 16<sup>th</sup>.

**Mail to:  
Tez Seiberlich, Meet Director  
Turkey Trot Invitational  
400 E. Pothouse Road  
Phoenixville, PA 19460**