

Boys C Division Championship
Hosted by
Ridley Area YMCA
Sunday, February 7, 2010

| | |
|-----------------------|---|
| LOCATION: | <p>Ridley High School Pool 901 Morton Avenue Morton, PA 19070</p> <p>The following phone number is available for emergency use during the meet. Facility Phone#: xxx-xxx-xxxx</p> |
| FACILITY: | <p>This meet will be run in a 6 lane, 25-yard indoor pool with fully automatic timing (Semi-automatic timing for 25's). The starting end has a depth of 12 feet. The facility is equipped with Competitor non-turbulent lane lines, Daktronic Timing System and a 6 lane display scoreboard.</p> <p>Seating for swimmers will be on the pool deck and balcony seating is available for spectators. Due to the limited seating space we ask that only the adults assigned to marshalling the team sit on the deck.</p> <p>Free parking is available adjacent to the High School.</p> <p>No Smoking is allowed during any Penn-Del League Championship Meet.</p> |
| MEET DIRECTOR: | Beth Ronayne, (610)-544-1080 x205, coachbeth@msn.com |
| START TIMES: | <p>Warm-up: 8:45 AM (Times will be confirmed 1 Week Prior) Meet Start: 10:00 AM Officials Meeting: 9:15 AM Timers Meeting: 9:30 AM Scratch Meeting: 9:00 AM</p> |
| WARM-UP: | <p>The warm-up sessions will be divided into periods of equal length depending on the number of swimmers entered. Warm-up schedules will be posted on the Penn-Del web site Monday prior to the meet and will be made available to the coaches at the meet. Warm-up times may need to be adjusted based on actual attendance.</p> <p>Sprint/Start lanes will be available at the end of each warm-up session.</p> <p>No diving or backstroke starts will be permitted except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules.</p> |
| RULES: | <p>This meet will be run according to USA Swimming and Penn-Del Swim League rules and regulations.</p> <p>All events are Pre-Seeded, Timed Finals. Coaches MUST attend the coaches meeting.</p> |
| ELIGIBILITY: | <p>This meet is open to any swimmer that is currently on their teams' active roster and has swum in at least two (2) league dual meets. Swimmers will compete in age groups based on their age as of December 1st, 2009 as rostered for the dual meet season. Swimmers must compete in their own age group, except for the Open 500 Freestyle and the Open Age Group Relays.</p> |
| ENTRIES: | <p>Swimmers may enter up to three (3) individual events and two (2) relays for a maximum of five (5) events. No Deck Entries Will Be Permitted.</p> |
| ENTRY FEES: | <p>Entry fees are \$2.50 per event for individual events and \$10.00 for relays.</p> <p>Please send one check per club, payable to: "Community YMCA".</p> <p>Entries will NOT be accepted without full payment and Meet Volunteer Sign-UP Sheet.</p> |
| HOW TO ENTER: | <p>All Events are Pre-Seeded, Timed Final Events.</p> <p>Entries must be submitted using the Championship Entry Link found on the Penn-Del Swimming League Website. Entries must be submitted in the course in which they were achieved. The host team will convert all times to yards for seeding. All times submitted must be the swimmer's best time. Entries must be submitted using HY-TEK software format. A completed Meet Summary Sheet, a hard copy printout listing each swimmer alphabetically, with each swimmer's events and entry times MUST accompany the entry fees. Entry Fees and all paperwork MUST be postmarked by: <u>Thursday, January 28, 2010</u>. An "Internal Entry Form" is provided for your convenience to collect entry information from your swimmers. PLEASE CHECK THE ONLINE MEET ENTRY SYSTEM FOR YOUR ENTRY CONFIRMATION. YOU WILL NOT RECEIVE AN EMAIL CONFIRMING YOUR ENTRIES. MEET VOLUNTEERS MUST BE ENTERED ONLINE AND MAILED WITH PAPERWORK.</p> |

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|----------------------|--|
| SEND TO: | <p>Entries MUST be submitted through the Penn-Del Swimming League Website. Mail check, meet summary form, hard copy of meet entries and meet volunteer list to: Ridley Area YMCA Attention: Erik Nelson 900 South Avenue Secane, PA 19018 All requested information must be postmarked by January 28, 2010.</p> |
| DECK ACCESS: | <p>Deck Access will be limited to swimmers, coaches, officials and meet workers. Deck Passes will be issued to gain access to the deck.</p> |
| AWARDS: | <p>Medals are awarded for 1st-6th place in individual events and 1st-3rd place in relays. Ribbons are awarded for 7th-18th place in individual events and 4th-9th place in relays. League Record Holder patches to be given to any swimmer setting a new Championship Record. High Point Trophy will be awarded to the Team finishing in First Place.</p> |
| ADMISSIONS: | <p>Admissions is \$2.00/day Programs available for \$3.00/day</p> |
| SPECTATORS: | <p>Balcony seating is available for approximately 250 spectators. No swimmers are allowed in the balcony area for safety reasons.</p> |
| VOLUNTEERS: | <p>A minimum of three (3) timers and one (1) official MUST be provided from each team per session, at the time team entries are submitted. Additional volunteers are welcome. Be sure to include your email address on the Meet Volunteer Sheet along with certification expiration date. We will have a hospitality room to provide refreshments for all volunteers during the meet. Volunteers and officials will also receive free admission and a heat sheet. Meet Volunteer list MUST be submitted through the PennDel website with meet entries by January 28, 2010.</p> |
| T-SHIRTS: | <p>T-Shirts must be pre-ordered at a cost of \$15.00 per shirt. T-Shirt orders are due by January 21, 2010.</p> |
| REFRESHMENTS: | <p>Food and Drinks will be on sale throughout the meet. NO FOOD will be allowed on the pool deck or in the balcony. There will also be a swim shop on-site during the meet.</p> |
| EMAIL LIST | <p>Be sure and include your coach's email address on the Meet Summary Sheet. An E-Mail list will be created to ensure that you get any updates, corrections, changes, or announcements that might occur prior to the meet start date.</p> |
| WEB SITE: | <p>For more information, please visit the Penn-Del Swimming web site at: http://www.penndelswim.org/champ.htm</p> |
| SAFETY: | <p>Safety Marshals will be posted at different locations through out the meet area. First Aid will be located on the pool deck in the Aquatic Office. Swimmers are requested to wear sandals and towel off before traveling the corridors. No swimmers will be served in the concession area unless they are wearing a T-shirt, shorts and footwear.</p> |

Due to the use of the electronic starting system, spectators MUST refrain from using flash photography at the start of each race!

NO SMOKING IS ALLOWED DURING ANY CHAMPIONSHIP MEET.

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Order of Events

| Event | Age Group | Event |
|--|-----------|--------------------------|
| 1 | 15-19 | 400 yd. Medley Relay |
| 2 | 13-14 | 200 yd. Medley Relay |
| 3 | 11-12 | 200 yd Medley Relay |
| 4 | 9-10 | 200 yd Medley Relay |
| 5 | 8 & Under | 100 yd Medley Relay |
| 6 | 15-19 | 100 yd Freestyle |
| 7 | 13-14 | 100 yd Freestyle |
| 8 | 11-12 | 100 yd Freestyle |
| 9 | 9-10 | 50 yd Freestyle |
| 10 | 8 & Under | 25 yd Freestyle |
| 11 | 15-19 | 200 yd Individual Medley |
| 12 | 13-14 | 200 yd Individual Medley |
| 13 | 11-12 | 200 yd Individual Medley |
| 14 | 9-10 | 100 yd Individual Medley |
| 15 | 15-19 | 100 yd Butterfly |
| 16 | 13-14 | 100 yd Butterfly |
| 17 | 11-12 | 50 yd Butterfly |
| 18 | 9-10 | 50 yd Butterfly |
| 19 | 8 & Under | 25 yd Butterfly |
| 20 | 15-19 | 500 yd Freestyle |
| Break: 25 minutes for Awards Presentations | | |
| 21 | 13-14 | 50 yd freestyle |
| 22 | 11-12 | 50 yd freestyle |
| 23 | 9-10 | 50 yd freestyle |
| 24 | 8 & Under | 50 yd freestyle |
| 25 | 9-10 | 100 yd freestyle |
| 26 | 11-12 | 200 yd freestyle |
| 27 | 13-14 | 200 yd freestyle |
| 28 | 15-19 | 200 yd freestyle |
| 29 | 8 & Under | 25 yd backstroke |
| 30 | 9-10 | 50 yd backstroke |
| 31 | 11-12 | 50 yd backstroke |
| 32 | 13-14 | 100 yd backstroke |
| 33 | 15-19 | 100 yd backstroke |
| 34 | 8 & Under | 25 yd breaststroke |
| 35 | 9-10 | 50 yd breaststroke |
| 36 | 11-12 | 50 yd breaststroke |
| 37 | 13-14 | 100 yd breaststroke |
| 38 | 15-19 | 100 yd breaststroke |
| 39 | 8 & Under | 100 yd freestyle relay |
| 40 | 9-10 | 200 yd freestyle relay |
| 41 | 11-12 | 200 yd freestyle relay |
| 42 | 13-14 | 200 yd freestyle relay |
| 43 | 15-19 | 400 yd freestyle relay |

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Meet Summary Sheet

Team Name: _____ Team Code: _____

Head Coach: _____ Phone #: _____

Entry Contact: _____ Phone #: _____

Mailing Address: _____

Coach's E-Mail Address: _____

GROUP SUMMARY:

| | # of Swimmers | # of Events |
|-----------------------|---------------|-------------|
| 8 & Under: | _____ | _____ |
| 9-10: | _____ | _____ |
| 11-12: | _____ | _____ |
| 13-14: | _____ | _____ |
| 15-19: | _____ | _____ |
| Relays: | _____ | _____ |
| Totals: | _____ | _____ |

FEE SUMMARY:

Total # of Individual Events _____ x **\$2.50** = _____

Total # of Relays _____ x **\$10.00** = _____

TOTAL: _____

(One check payable to: **Community YMCA**)

Team Representative: _____

Date: _____

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Volunteer Summary Sheet

It is a league requirement that each participating team furnish a minimum number of their **most qualified** officials to represent them at League Championships. Each team **MUST** provide a minimum of three (3) timers and one (1) certified official for the session. Please consider sending two (2) officials if at all possible.

Stroke/Turn judges must possess certification as defined in the League rules and must be dressed in “whites” with patches and certification cards. Please have all officials and timers check-in at the hospitality room upon arrival at the meet. **Mail this form to the Meet Director by the entry due date and submit with meet entries through the PennDel League Website.**

Team/Association _____

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

Lane Timer _____ EMail Address: _____

★Stroke/Turn _____ EMail Address: _____ Cert Exp Dt: _____

Stroke/Turn _____ EMail Address: _____ Cert Exp Dt: _____

Stroke/Turn _____ EMail Address: _____ Cert Exp Dt: _____

★ **This is a required volunteer.**

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Internal Entry Form

Swimmer's Name _____

Please enter me in (Circle no more than three)

| | | | | | | | | |
|----------------|----------|--------|---------|----------|-----------|-----------|------------|------------|
| 8&U | 25 Free | 25 Fly | 50 Free | 25 Back | 25 Breast | | | |
| 9-10 | 50 Free | 100 IM | 50 Fly | 100 Free | 50 Back | 50 Breast | | |
| 11-12 | 100 Free | 200 IM | 50 Fly | 50 Free | 200 Free | 50 Back | 50 Breast | |
| 13-14 | 100 Free | 200 IM | 100 Fly | 50 Free | 200 Free | 100 Back | 100 Breast | |
| 15-19 | 100 Free | 200 IM | 100 Fly | 500 Free | 50 Free | 200 Free | 100 Back | 100 Breast |

Individual entries must be submitted no later than _____.
 (Insert your team's entry deadline here.)

One check per family payable to: _____.
 (Insert your team's check payable information here.)

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Driving Directions

From the North

Take I-476 south (Blue Route) to the MacDade Blvd exit- (exit 1)

Turn left onto S. MacDade Blvd and proceed 1.4 miles to Morton Ave

Turn left onto Morton Ave.

Proceed .4 of a mile to the light at the top of the hill and turn left into the Ridley High school parking lot.

Continue straight and park along the side of the school. The pool entrance is toward the rear of the building.

From the South

Take I-95 North

Take the I-476 North exit- (exit 7)- toward Plymouth Meeting

Take the first exit MacDade Blvd exit- (exit 1)

Keep right at the fork in the ramp and stay straight to go onto S. MacDade Blvd

Follow directions From the North above

From the West

Take the Pennsylvania Turnpike to Valley Forge (exit 24). Stay straight to go onto I-76 East.

Take I-476 South. (Blue Route) to exit 1.

Follow directions From the North (above)

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Hotel Information

Days Inn - Springfield 610-544-4700
650 Baltimore Pike, Springfield, PA 19064
<http://www.daysinnspringfield-philadelphiaintlairport.com/index.asp>

Embassy Suites Philadelphia – Airport 215-365-4500
9000 Bartram Avenue, Philadelphia, PA 19153
<http://embassysuites1.hilton.com>

Renaissance Philadelphia Hotel Airport 610-521-5900
500 Stevens Drive, Philadelphia, PA 19113
<http://www.marriott.com/hotels/travel/phlbr-renaissance-philadelphia-hotel-airport/>

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Pre-Order Boys C Championship Meet T-Shirt Form
Order Due January 21, 2010

WAYS are offering Boys C Championship Meet T-Shirts by pre-order only. There will NOT be any extra shirts available for sale at the meet, so please make sure your team has the opportunity to purchase shirts. The Shirts are short sleeved. Shirts will be given to your team contact upon check-in. T-Shirts cost \$15.00 each and should be paid for by check.

*Note (Colors may vary slightly from pictures)

Please return the form below and payment in full no later than January 21st

Make a single check payable to Community YMCA

Mail form and payment to:

Ridley Area YMCA

Attn: Erik Nelson

900 South Avenue

Secane, PA 19018

Any questions?? Please contact Erik Nelson
 by email: enelson@cyedc.org

Contact Name _____ Team _____

Phone Number _____ Email _____

| SIZE | Quantity | | Total Price |
|----------------------------|----------|--------------|-------------|
| Short sleeve Youth Large | _____ | @\$15.00 | \$ _____ |
| Short sleeve Adult Small | _____ | @\$15.00 | \$ _____ |
| Short sleeve Adult Medium | _____ | @\$15.00 | \$ _____ |
| Short sleeve Adult Large | _____ | @\$15.00 | \$ _____ |
| Short sleeve Adult XLarge | _____ | @\$15.00 | \$ _____ |
| Short sleeve Adult XXLarge | _____ | @\$15.00 | \$ _____ |
| | | TOTAL | \$ _____ |