

Boys “B” Division Championship

Hosted by

Lionville YMCA

Sunday, February 14, 2010

LOCATION:	Lionville YMCA 100 Devon Drive Exton, PA 19341 The following phone number is available for emergency use during the meet. Facility Phone#: 610-363-9622
FACILITY:	This meet will be run in a 6 lane, 25-yard indoor pool with fully automatic timing (Semi-automatic timing for 25's). The starting end has a depth of 12 feet. The facility is equipped with Competitor non-turbulent lane lines, Colorado Time Systems' System 5 Sports Timer with Infinity Start System, AquaGrip touch pads and 6-line Series 4009 Multi-Sport Scoreboard. Seating for swimmers is in a multi-purpose room and balcony seating is available for spectators. Due to the limited seating space we ask that only the adults assigned to marshalling the team sit in the multi-purpose room. Free parking is available adjacent to the YMCA at the Downingtown East High School. No Smoking is allowed during any Penn-Del League Championship Meet.
MEET DIRECTOR:	Geoff Haefner (484) 678 3015, geoffreyhaefner@ymail.com
START TIMES:	Warm-up: 7:00 AM; 12:30 PM (Times will be confirmed 1 Week Prior) Meet Start: 8:30 AM; 2:00 PM Officials Meeting: 7:45 AM; 1:15 PM Timers Meeting: 8:00 AM; 1:30 PM Scratch Meeting: 7:30 AM; 1:00 PM
WARM-UP:	The warm-up sessions will be divided into periods of equal length depending on the number of swimmers entered. Warm-up schedules will be posted on the Penn-Del web site Monday prior to the meet and will be made available to the coaches at the meet. Warm-up times may need to be adjusted based on actual attendance. Sprint/Start lanes will be available at the end of each warm-up session. No diving or backstroke starts will be permitted except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules.
RULES:	This meet will be run according to USA Swimming and Penn-Del Swim League rules and regulations. All events are Pre-Seeded, Timed Finals. Coaches MUST attend the coaches meeting.
ELIGIBILITY:	This meet is open to any swimmer that is currently on their teams' active roster and has swum in at least two (2) league dual meets. Swimmers will compete in age groups based on their age as of December 1 st , 2009 as rostered for the dual meet season. Swimmers must compete in their own age group, except for the Open 500 Freestyle and the Open Age Group Relays.
ENTRIES:	Swimmers may enter up to three (3) individual events and two (2) relays for a maximum of five (5) events. No Deck Entries Will Be Permitted.
ENTRY FEES:	Entry fees are \$2.50 per event for individual events and \$10.00 for relays. Please send one check per club, payable to: “LCY Swim Team Parents Association”. <u>Entries will NOT be accepted without full payment and Meet Volunteer Sign-UP Sheet.</u>
HOW TO ENTER:	All Events are Pre-Seeded, Timed Final Events. Entries must be submitted using the Championship Entry Link found on the Penn-Del Swimming League Website. Entries must be submitted in the course in which they were achieved. The host team will convert all times to yards for seeding. All times submitted must be the swimmer's best time. Entries must be submitted using HY-TEK software format. A completed Meet Summary Sheet , a hard copy printout listing each swimmer alphabetically, with each swimmer's events and entry times MUST accompany the entry fees. Entry Fees and all paperwork MUST be postmarked by: <u>Thursday, February 4, 2010</u> . An “Internal Entry Form” is provided for your convenience to collect entry information from your swimmers. PLEASE CHECK THE ONLINE MEET ENTRY SYSTEM FOR YOUR ENTRY CONFIRMATION. YOU WILL NOT RECEIVE AN EMAIL CONFIRMING YOUR ENTRIES. MEET VOLUNTEERS MUST BE ENTERED ONLINE AND MAILED WITH PAPERWORK.

SEND TO:	<p>Entries MUST be submitted through the Penn-Del Swimming League Website. Mail check, meet summary form, hard copy of meet entries and meet volunteer list to: Lionville YMCA Attention: Alex Baxter 100 Devon Drive Exton, PA 19341 All requested information must be postmarked by February 4, 2010.</p>
DECK ACCESS:	<p>Deck Access will be limited to swimmers, coaches, officials and meet workers. Deck Passes will be issued to gain access to the deck.</p>
AWARDS:	<p>Medals are awarded for 1st-6th place in individual events and 1st-3rd place in relays. Ribbons are awarded for 7th-18th place in individual events and 4th-9th place in relays. League Record Holder patches to be given to any swimmer setting a new Championship Record. High Point Trophy will be awarded to the Team finishing in First Place.</p>
ADMISSIONS:	<p>Admissions is \$5.00/session Programs available for \$3.00/session</p>
SPECTATORS:	<p>Balcony seating is available for approximately 125 spectators. No swimmers are allowed in the balcony area for safety reasons.</p>
VOLUNTEERS:	<p>A minimum of three (3) timers and one (1) official MUST be provided from each team per session, at the time team entries are submitted. Additional volunteers are welcome. Be sure to include your email address on the Meet Volunteer Sheet along with certification expiration date. We will have a hospitality room to provide refreshments for all volunteers during the meet. Volunteers and officials will also receive free admission and a heat sheet. Meet Volunteer list MUST be submitted through the PennDel website with meet entries by February 4, 2010.</p>
T-SHIRTS:	<p>T-Shirts must be pre-ordered at a cost of \$15.00 per shirt. T-Shirt orders are due by January 28, 2010.</p>
REFRESHMENTS:	<p>Food and Drinks will be on sale throughout the meet. NO FOOD will be allowed on the pool deck or in the balcony. There will also be a swim shop on-site during the meet.</p>
EMAIL LIST	<p>Be sure and include your coach's email address on the Meet Summary Sheet. An E-Mail list will be created to ensure that you get any updates, corrections, changes, or announcements that might occur prior to the meet start date.</p>
WEB SITE:	<p>For more information, please visit the Penn-Del Swimming web site at: http://www.penndelswim.org/champ.htm</p>
SAFETY:	<p>Safety Marshals will be posted at different locations through out the meet area. First Aid will be located on the pool deck in the Aquatic Office. Swimmers are requested to wear sandals and towel off before traveling the corridors. No swimmers will be served in the concession area unless they are wearing a T-shirt, shorts and footwear.</p>

Due to the use of the electronic starting system, spectators MUST refrain from using flash photography at the start of each race!

NO SMOKING IS ALLOWED DURING ANY CHAMPIONSHIP MEET.

Boys "B" Division Championship
Hosted by
Lionville YMCA
Sunday, Feb. 14th, 2010
Order of Events

Session: 1 Boys B - 8 & UNDER & 9-10
Day of Meet: 1 Starts at 8:30 AM

Event #	Event Name
1	Boys 9-10 200 Medley Relay
2	Boys 8 & Under 100 Medley Relay
3	Boys 9-10 50 Freestyle
4	Boys 8 & Under 25 Freestyle
5	Boys 9-10 100 IM
6	Boys 8 & Under 25 Butterfly
7	Boys 9-10 50 Butterfly
Break: 25 Minutes for Awards Presentation	
8	Boys 8 & Under 50 Freestyle
9	Boys 9-10 100 Freestyle
10	Boys 8 & Under 25 Backstroke
11	Boys 9-10 50 Backstroke
12	Boys 8 & Under 25 Breaststroke
13	Boys 9-10 50 Breaststroke
14	Boys 8 & Under 100 Freestyle Relay
15	Boys 9-10 200 Freestyle Relay

Session: 2 Boys B – 11-12, 13-14 & 15-19
Day of Meet: 1 Starts at 2:00 PM

Event #	Event Name
16	Boys 15-19 400 Medley Relay
17	Boys 13-14 200 Medley Relay
18	Boys 11-12 200 Medley Relay
19	Boys 15-19 100 Freestyle
20	Boys 13-14 100 Freestyle
21	Boys 11-12 100 Freestyle
22	Boys 15-19 200 IM
23	Boys 13-14 200 IM
24	Boys 11-12 200 IM
25	Boys 15-19 100 Butterfly
26	Boys 13-14 100 Butterfly
27	Boys 11-12 50 Butterfly
28	Boys Open 500 Freestyle
Break: 25 Minutes for Awards Presentation	
29	Boys 11-12 50 Freestyle
30	Boys 13-14 50 Freestyle
31	Boys 15-19 50 Freestyle
32	Boys 11-12 200 Freestyle
33	Boys 13-14 200 Freestyle
34	Boys 15-19 200 Freestyle
35	Boys 11-12 50 Backstroke
36	Boys 13-14 100 Backstroke
37	Boys 15-19 100 Backstroke
38	Boys 11-12 50 Breaststroke
39	Boys 13-14 100 Breaststroke
40	Boys 15-19 100 Breaststroke
41	Boys 11-12 200 Freestyle Relay
42	Boys 13-14 200 Freestyle Relay
43	Boys 15-19 400 Freestyle Relay

Boys “B” Division Championship
Hosted by
Lionville YMCA
Sunday, Feb. 14th, 2010
Volunteer Summary Sheet

It is a league requirement that each participating team furnish a minimum number of their **most qualified** officials to represent them at League Championships. Each team **MUST** provide a minimum of three (3) timers and one (1) certified official for both morning and afternoon sessions. Please consider sending two (2) officials if at all possible.

Stroke/Turn judges must possess certification as defined in the League rules and must be dressed in “whites” with patches and certification cards. Please have all officials and timers check-in at the hospitality room upon arrival at the meet. **Mail this form to the Meet Director by the entry due date and submit with meet entries through the PennDel League Website.**

Team/Association _____

Morning Session — 10 & under and 8 & under age groups:

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

Lane Timer _____ EMail Address: _____

★Stroke/Turn _____ EMail Address: _____ Cert Exp Dt: _____

Stroke/Turn _____ EMail Address: _____ Cert Exp Dt: _____

Stroke/Turn _____ EMail Address: _____ Cert Exp Dt: _____

Afternoon Session — 12 & under, 14 & under, and 15-19 age groups:

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

Lane Timer _____ EMail Address: _____

★Stroke/Turn _____ EMail Address: _____ Cert Exp Dt: _____

Stroke/Turn _____ EMail Address: _____ Cert Exp Dt: _____

Stroke/Turn _____ EMail Address: _____ Cert Exp Dt: _____

★ **This is a required volunteer.**

Boys “B: Division Championship
Hosted by
Lionville YMCA
Sunday, Feb. 14th, 2010
Internal Entry Form

Swimmer’s Name _____

Please enter me in (Circle no more than three)

8&U	25 Free	25 Fly	50 Free	25 Back	25 Breast			
9-10	50 Free	100 IM	50 Fly	100 Free	50 Back	50 Breast		
11-12	100 Free	200 IM	50 Fly	50 Free	200 Free	50 Back	50 Breast	
13-14	100 Free	200 IM	100 Fly	50 Free	200 Free	100 Back	100 Breast	
15-19	100 Free	200 IM	100 Fly	500 Free	50 Free	200 Free	100 Back	100 Breast

Individual entries must be submitted no later than _____.
 (Insert your team’s entry deadline here.)

One check per family payable to: _____.
 (Insert your team’s check payable information here.)

Boys “B: Division Championship
Hosted by
Lionville YMCA
Sunday, Feb. 14th, 2010
Driving Directions

From Pennsylvania Turnpike

Exit at Downingtown. Bear left after toll booth to take Rte. 100 South. At 2nd traffic light, turn right onto Route 113 (Uwchlan Ave). At the 4th traffic light, turn left onto Devon Drive. After the Stop sign at the upper entrance to the high school, make the next turning on the right into the YMCA parking lot.

From Rt. 202 travelling West

Take Rt. 401 to Rt. 113. Turn left onto Rt. 113 proceeding to cross over Rt. 100. At the 4th light after crossing Rt. 100, turn left onto Devon Drive. After the Stop sign at the upper entrance to the high school, make the next turning on the right into the YMCA parking lot.

Travelling East on Rt. 202 Bypass

Pass the exit for 113 South. Take ramp for 113 North. At the 3rd light, turn right onto Devon Drive. After the Stop sign at the upper entrance to the high school, make the next turning on the right into the YMCA parking lot.

Travelling East on Route 30

After passing the McDonald’s intersection in Downingtown, turn left at the light for Route 113 North (Uwchlan Ave). At the 4th light, turn right onto Devon Drive. After the Stop sign at the upper entrance to the high school, make the next turning on the right into the YMCA parking lot.

Travelling West on Route 30

Cross over Rt. 100 to the 2nd light. Turn right onto Whitford Rd. and travel 1.25 miles. Turn left onto Devon Drive and make a quick left into the YMCA parking lot.

For GPS directions, Lionville Community YMCA is located at:

100 Devon Drive
Exton, PA 19341
Phone: 610-363-9622
Fax: 610-363-9149

Hours: M-F 5:15am - 10pm
Sat. 7am - 7pm
Sun. 8am - 7pm

Boys “B” Division Championship

Hosted by

Lionville YMCA

Sunday, Feb. 14th, 2010

Hotel Information

Residence Inn

1148 North Pottstown Pike

Exton, PA 19341

610 594 9705

Fairfield Inn

1 Marsh Creek Drive

Exton, PA 19341

610 524 8811

Comfort Suites

700 West Uwchlan Ave

Exton, PA 19341

610 594 4770

Hampton Inn

600 West Uwchlan Ave

Exton, PA 19341

610 363 5555

Boys B Championship
 Hosted by
Lionville Community YMCA
Pre-Order Boys B Championship Meet T-Shirt Form
Orders Due January 28, 2010

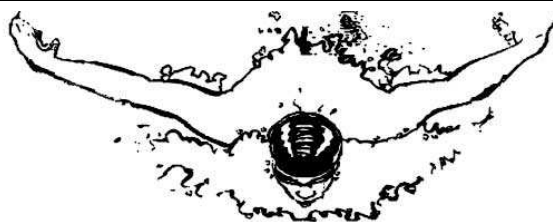
LCY is offering Boys B Championship Meet T-Shirts by pre-order only. There will NOT be any extra shirts available for sale, so please make sure your team has the opportunity to purchase shirts. The Shirts are short sleeved. The Shirts will have a Championship Medal on the front left chest and a Male Swimmer with a saying on the back. The shirts are Grey in color with Red and Black lettering. Shirts will be given to your team contact upon check-in. T-Shirts cost \$15.00 each and should be paid for by check**.

*Note (Colors may vary slightly from pictures)

Please return the form below and payment in full no later than January 28, 2010

Make a single check payable to:
 LCY Swim Team Parents.

Mail form and payment to:
 Lionville Community YMCA
 Attn: Alex Baxter
 100 Devon Dr.
 Exton, PA. 19341



**Champions do not become champions
 when they win the event, but in the hours,
 weeks and years they spend preparing for it**

Any questions?? Please contact Geoff Haefner
 by email: geoffreyhaefner@ymail.com

Contact Name _____
 Team _____

Phone Number _____ Email _____

SIZE	Quantity		Total Price
Short sleeve Youth Medium	_____	@\$15.00	\$_____
Short sleeve Youth Large	_____	@\$15.00	\$_____
Short sleeve Adult Small	_____	@\$15.00	\$_____
Short sleeve Adult Medium	_____	@\$15.00	\$_____
Short sleeve Adult Large	_____	@\$15.00	\$_____
Short sleeve Adult XLarge	_____	@\$15.00	\$_____
Short sleeve Adult XXLarge	_____	@\$16.00	\$_____
		TOTAL	\$_____

****Orders can also be placed online** at the LCY Website, www.lcyswim.org and paid for with a credit card using the Pay Pal system.