

Girls B Division Championship

Hosted by

Hazleton YMCA

Saturday, January 31, 2009

LOCATION:	WilkesBarre CYC 36 S. Washington St. Wilkes-Barre PA 18701 The following phone number is available for emergency use during the meet. Facility Phone#: (570) 823-6121
FACILITY:	This meet will be run in a 8 lane, 25-yard indoor pool with fully automatic timing (Semi-automatic timing for 25's). The starting end has a depth of 12 feet. The facility is equipped with Competitor non-turbulent lane lines, Colorado Time Systems' System 5 Sports Timer with Infinity Start System, AquaGrip touch pads and 8-line Series 4009 Multi-Sport Scoreboard. Seating for swimmers will be on the pool deck, and balcony seating is available for spectators. Due to the limited seating space, only coaches and meet workers will be allowed on the pool deck. No Smoking is allowed during any Penn-Del League Championship Meet.
MEET DIRECTOR:	Tom Sanko, (570) 929-2419, lsanko@ptd.net
START TIMES:	Warm-up: 7:00 AM; 12:30 PM (Times will be confirmed 1 Week Prior) Meet Start: 8:30 AM; 2:00 PM Officials Meeting: 8:00 AM; 1:30 PM Scratch Meeting: 7:30 AM; 1:00 PM
WARM-UP:	The warm-up sessions will be divided into periods of equal length depending on the number of swimmers entered. Warm-up schedules will be posted on the Penn-Del web site Monday prior to the meet and will be made available to the coaches at the meet. Warm-up times may need to be adjusted based on actual attendance. Sprint/Start lanes will be available at the end of each warm-up session. No diving or backstroke starts will be permitted except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules.
RULES:	This meet will be run according to USA Swimming and Penn-Del Swim League rules and regulations. All events are Pre-Seeded, Timed Finals. Coaches should attend the coaches meeting.
ELIGIBILITY:	This meet is open to any swimmer that is currently on their teams active roster and has swum in at least two (2) league dual meets. Swimmers will compete in age groups based on their age as of December 1 st , 2008 as rostered for the dual meet season. Swimmers must compete in their own age group, except for the Open 500 Freestyle and the Open Age Group Relays.
ENTRIES:	Swimmers may enter up to three (3) individual events and two (2) relays for a maximum of five (5) events. No Deck Entries Will Be Permitted.
ENTRY FEES:	Entry fees are \$2.50 per event for individual events and \$10.00 for relays. Please send one check per club, payable to: "Hazy swim team parents association". Entries will NOT be accepted without full payment.
HOW TO ENTER:	All Events are Pre-Seeded, Timed Final Events. Entries must be submitted using the Championship Entry Link found on the Penn-Del Swimming League Website. Entries should be submitted in the course in which they were achieved. The host team will convert all times to yards for seeding. All times submitted must be the swimmer's best time. Entries must be submitted using HY-TEK software format. A completed Meet Summary Sheet , a hard copy printout listing each swimmer alphabetically, with each swimmer's events and entry times and the Meet Volunteer Sign-Up sheet , MUST accompany the entry fees. Entry Fee, Meet Summary Sheet & Meet Volunteer Sign-up Sheet MUST be received by: Wednesday, January 21st . An " Internal Entry Form " is provided for your convenience to collect entry information from your swimmers.

SEND TO:	Submit entries on the Penn-Del Swimming League Website. Mail check, meet and volunteer summary forms to: Hazleton YMCA/YWCA Attention: Tom Sanko 75 South Church St. Hazleton, PA 18201
DECK ACCESS:	Deck Access will be limited to swimmers, coaches, officials and meet workers. Deck Passes will be issued to gain access to the deck.
AWARDS:	Medals are awarded for 1 st -6 th place in individual events and 1 st -3 rd place in relays. Ribbons are awarded for 7 th -12 th place in individual events and 4 th -6 th place in relays. League Record Holder patches to be given to any swimmer setting a new Championship Record. High Point Trophy will be awarded to the Team finishing in First Place.
ADMISSIONS:	Admission is \$3.00 for 12 & over. Registered girl swimmers are free. Programs are \$3.00/session.
SPECTATORS:	Balcony seating is available for approximately 350 spectators. No swimmers are allowed in the balcony area for safety reasons.
VOLUNTEERS:	A minimum of three (3) timers and one (1) official must be provided from each team per session, at the time team entries are submitted. Additional volunteers are welcome. Volunteers and officials will receive free admission and a heat sheet.
T-SHIRTS:	T-Shirt orders are due by January 16, 2009. See order form.
REFRESHMENTS:	Food and Drinks will be on sale throughout the meet. NO FOOD will be allowed on the pool deck or in the balcony. There will also be a swim shop on-site during the meet.
EMAIL LIST	Be sure and include your email address on the Meet Summary Sheet. An E-Mail list will be created to ensure that you get any updates, corrections, changes, or announcements that might occur prior to the meet start date. Entries for verification will be emailed to this address.
WEB SITE:	For more information, please visit the Penn-Del Swimming web site at: http://www.penndelswim.org/champ.htm
SAFETY:	Safety Marshals will be posted at different locations through out the meet area. First Aid will be located on the pool deck in the Aquatic Office. Swimmers are requested to wear sandals and towel off before traveling the corridors. No swimmers will be served in the concession area unless they are wearing a T-shirt, shorts and footwear.

Due to the use of the electronic starting system, spectators MUST refrain from using flash photography at the start of each race!

NO SMOKING IS ALLOWED DURING ANY CHAMPIONSHIP MEET.

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Order of Events

Session: 1 - 8 & UNDER & 9-10

Day of Meet: 1 Starts at 8:30 AM

Event #	Event Name
1	Girls 9-10 200 Medley Relay
2	Girls 8 & Under 100 Medley Relay
3	Girls 9-10 50 Freestyle
4	Girls 8 & Under 25 Freestyle
5	Girls 9-10 100 IM
6	Girls 8 & Under 25 Butterfly
7	Girls 9-10 50 Butterfly
Break: 25 Minutes for Awards Presentation	
8	Girls 8 & Under 50 Freestyle
9	Girls 9-10 100 Freestyle
10	Girls 8 & Under 25 Backstroke
11	Girls 9-10 50 Backstroke
12	Girls 8 & Under 25 Breaststroke
13	Girls 9-10 50 Breaststroke
14	Girls 8 & Under 100 Freestyle Relay
15	Girls 9-10 200 Freestyle Relay

Session: 2 11-12, 13-14 & 15-18

Day of Meet: 1 Starts at 2:00 PM

Event #	Event Name
16	Girls 15 & Over 400 Medley Relay
17	Girls 13-14 200 Medley Relay
18	Girls 11-12 200 Medley Relay
19	Girls 15 & Over 100 Freestyle
20	Girls 13-14 100 Freestyle
21	Girls 11-12 100 Freestyle
22	Girls 15 & Over 200 IM
23	Girls 13-14 200 IM
24	Girls 11-12 200 IM
25	Girls 15 & Over 100 Butterfly
26	Girls 13-14 100 Butterfly
27	Girls 11-12 50 Butterfly
28	Girls Open 500 Freestyle
Break: 25 Minutes for Awards Presentation	
29	Girls 11-12 50 Freestyle
30	Girls 13-14 50 Freestyle
31	Girls 15 & Over 50 Freestyle
32	Girls 11-12 200 Freestyle
33	Girls 13-14 200 Freestyle
34	Girls 15 & Over 200 Freestyle
35	Girls 11-12 50 Backstroke
36	Girls 13-14 100 Backstroke
37	Girls 15 & Over 100 Backstroke
38	Girls 11-12 50 Breaststroke
39	Girls 13-14 100 Breaststroke
40	Girls 15 & Over 100 Breaststroke
41	Girls 11-12 200 Freestyle Relay
42	Girls 13-14 200 Freestyle Relay
43	Girls 15 & Over 400 Freestyle Relay

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Volunteer Summary Sheet

It is a league requirement that each participating team furnish a number of their **most qualified** officials to represent them at League Championships. Each team must provide a minimum of three (3) timers and one (1) certified official for both morning and afternoon sessions. Please consider sending two (2) officials if at all possible.

Stroke/Turn judges must possess certification as defined in the League rules and must be dressed in “whites” with patches. Please have all officials and timers check-in at the hospitality room upon arrival at the meet.

Submit this form along with your team entries.

Team/Association _____

Morning Session — 10 & under and 8 & under age groups:

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

Lane Timer _____ EMail Address: _____

★Stroke/Turn _____ EMail Address: _____

Stroke/Turn _____ EMail Address: _____

Stroke/Turn _____ EMail Address: _____

Afternoon Session — 12 & under, 14 & under, and Open age groups:

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

Lane Timer _____ EMail Address: _____

★Stroke/Turn _____ EMail Address: _____

Stroke/Turn _____ EMail Address: _____

Stroke/Turn _____ EMail Address: _____

★ **This is a required volunteer.**

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Internal Entry Form

Swimmer's Name _____

Please enter me in (Circle no more than three)

8&U	25 Free	25 Fly	50 Free	25 Back	25 Breast			
9-10	50 Free	100 IM	50 Fly	100 Free	50 Back	50 Breast		
11-12	100 Free	200 IM	50 Fly	50 Free	200 Free	50 Back	50 Breast	
13-14	100 Free	200 IM	100 Fly	50 Free	200 Free	100 Back	100 Breast	
15&O	100 Free	200 IM	100 Fly	500 Free	50 Free	200 Free	100 Back	100 Breast


Individual entries must be submitted no later than _____.
(Insert your team's entry deadline here.)

One check per family payable to: _____.
(Insert your team's check payable information here.)

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Driving Directions

From Philadelphia:


- | | | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|-------------------------------------------------------------------------------------------------------|
|  7: Merge onto I-476 N via EXIT 331B toward PLYMOUTH MTG (Portions toll). | 89.9
mi | <ul style="list-style-type: none">• Map• Avoid |
|  8: Take the PA-115 N exit, EXIT 105, toward WILKES-BARRE/POCONO DOWNS. | 0.7
mi | <ul style="list-style-type: none">• Map• Avoid |
|  9: Turn LEFT onto BEAR CREEK BLVD/PA-115. Continue to follow PA-115 N. | 4.3
mi | <ul style="list-style-type: none">• Map• Avoid |
|  10: PA-115 N becomes PA-309 N. | 1.7 mi | <ul style="list-style-type: none">• Map• Avoid |
|  11: Take EXIT 2 toward W-B BLVD/WILKES BARRE/CENTER CITY. | 0.4
mi | <ul style="list-style-type: none">• Map• Avoid |
|  12: Turn LEFT onto N WILKES-BARRE BLVD. | 1.8 mi | <ul style="list-style-type: none">• Map• Avoid |
|  13: Turn RIGHT onto E MARKET ST. | 0.2 mi | <ul style="list-style-type: none">• Map• Avoid |


 14: Turn LEFT onto S WASHINGTON ST. 0.1 mi • [Map](#)
• [Avoid](#)

 15: End at 36 S Washington St Wilkes Barre, PA 18701-3026 • [Map](#)

Estimated Time: 2 hours 2 minutes Estimated Distance: 113.19 miles

From I-81 Southbound:

 1: Start out going SOUTHWEST on N WASHINGTON AVE toward SPRUCE ST. 0.2 mi • [Map](#)


 2: Turn LEFT onto LACKAWANNA AVE. 0.1 mi • [Map](#)
• [Avoid](#)






 3: Turn RIGHT onto CEDAR AVE. 0.2 mi • [Map](#)
• [Avoid](#)

 4: Turn LEFT onto ramp. 0.3 mi • [Map](#)
• [Avoid](#)

 5: Merge onto PA-3022 E/CENTRAL SCRANTON EXPY E. 0.6 mi • [Map](#)
• [Avoid](#)

 6: Merge onto I-81 S. 14.2 mi • [Map](#)
• [Avoid](#)

 7: Merge onto PA-309 N via EXIT 170B toward WILKES-BARRE. 1.8 mi • [Map](#)

- [Avoid](#)
-  8: Take EXIT 2 toward W-B BLVD/WILKES BARRE/CENTER CITY. 0.4 mi
 - [Map](#)
 - [Avoid](#)
-  9: Turn LEFT onto N WILKES-BARRE BLVD. 1.8 mi
 - [Map](#)
 - [Avoid](#)
-  10: Turn RIGHT onto E MARKET ST. 0.2 mi
 - [Map](#)
 - [Avoid](#)
-  11: Turn LEFT onto S WASHINGTON ST. 0.1 mi
 - [Map](#)
 - [Avoid](#)
-  12: End at 36 S Washington St Wilkes Barre, PA 18701-3026
 - [Map](#)

Estimated Time: 28 minutes Estimated Distance: 19.99 miles

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Hotel Information

Best Western Genetti Hotel and Conference Center

77 East Market Street, Wilkes Barre, PA 18701 (walking distance)

570-833-6152 1-800-833-6152 www.genetti.com

Ramada Plaza Hotel on the Square

20 Public Square, Wilkes Barre, PA 18701

570-824-7100 www.ramadawilkesbarre.com

Holiday Inn Wilkes Barre (arena)

880 Kidder Street RT. 115 and 315, Wilkes Barre, PA 18701

570-824-8901

Hilton Garden Inn Wilkes Barre

242 Highland Park Blvd., Wilkes Barre, PA 18702

570-820-8595

**Girls B Championship
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Pre-Order Girls B Championship Meet T-Shirt Form
Order Due January 16, 2009**

Hazleton YM/YWCA HAZY Swim Team is offering long and short sleeve gray t-shirts.
Make check payable to: HAZY Swim Team Parents Association

Mail form and payment to:

Laurie Sanko
231 Silverbrook Rd
McAdoo, PA 18237
lsanko@ptd.net

Contact Name _____ Team _____

Phone Number _____ Email _____

SIZE	Quantity		Total Price
Short sleeve Youth Small	_____	@\$15.00	\$ _____
Short sleeve Youth Medium	_____	@\$15.00	\$ _____
Short sleeve Youth Large	_____	@\$15.00	\$ _____
Short sleeve Adult Small	_____	@\$15.00	\$ _____
Short sleeve Adult Medium	_____	@\$15.00	\$ _____
Short sleeve Adult Large	_____	@\$15.00	\$ _____
Short sleeve Adult XLarge	_____	@\$15.00	\$ _____
Short sleeve Adult XXLarge	_____	@\$17.00	\$ _____

SIZE	Quantity		Total Price
Long sleeve Youth Small	_____	@\$18.00	\$ _____
Long sleeve Youth Medium	_____	@\$18.00	\$ _____
Long sleeve Youth Large	_____	@\$18.00	\$ _____
Long sleeve Adult Small	_____	@\$18.00	\$ _____
Long sleeve Adult Medium	_____	@\$18.00	\$ _____
Long sleeve Adult Large	_____	@\$18.00	\$ _____
Long sleeve Adult XLarge	_____	@\$18.00	\$ _____
Long sleeve Adult XXLarge	_____	@\$20.00	\$ _____
TOTAL			\$ _____



**YMCA Penn Del Swim League
Girls "B" Division
Championships 2009**



Bethlehem	Pocono
Hatboro	Ridley
Hazleton	Schuylkill
Jennersville	Scranton
Kennett	Tri Valley
Upper Main Line	
Lionville	